



AREA AGENCY ON AGING
REGION ONE, INCORPORATED



2 0 1 4

ELDER RESOURCE GUIDE

M A R I C O P A C O U N T Y

1366 E. Thomas Road, Ste. 108
Phoenix, AZ 85014

Phone: 602-264-2255
Toll-Free: 888-783-7500
TTY/TDD: 602-241-6110

www.aaaphx.org





We are here for you with the support you need

The 24-hour *Senior* HELP LINE provides information, referral and assistance to older adults, persons with disabilities and caregivers. The HELP LINE is staffed with trained social workers who can assist in answering questions about a variety of services, including transportation, housing, long-term care, home-delivered meals, home care, and other services. HELP LINE staff make an initial assessment and assist callers with accessing appropriate programs. Knowledgeable and empathetic assistance is available in both English and Spanish, 24 hours a day, 7 days a week.

Call the 24-hour ***Senior* HELP LINE** at **602-264-HELP (4357)**, toll-free at **888-264-2258** or at 602-241-6110 (TTY/TDD).



Elder Resource Guide

M A R I C O P A C O U N T Y 2 0 1 4

The Area Agency on Aging, a private, non-profit corporation, coordinates the planning, development and delivery of services for persons in Maricopa County who are 60 years of age and older, and for adults 18 years and older who are disabled with long-term needs.

This directory is your guide to contacting the public and private organizations that provide services to people who need them, to their families and caregivers, and to the many professionals who make up the human services network.

The work of the Area Agency on Aging is clearly summarized in the Agency's slogan: "*Enhancing the quality of life in a diverse and changing society.*" This directory demonstrates our commitment to this goal.

Using this Directory

The services in this directory are listed alphabetically. There is an index in the back of the directory to assist you in finding services quickly and easily.

Get help finding the program that's right for you

Experts are available to help you find the assistance you need. Call Area Agency on Aging's 24-hour *Senior* HELP LINE:

1-888-264-2258 or call **602-264-HELP (602-264-4357)**.

The Elder Resource Guide is maintained to enhance public access to information about resources available to Maricopa County residents. While every effort is made to ensure the accuracy of the information, we make no guarantees. The inclusion of an organization or service does not imply an endorsement of the organization or service, nor does exclusion imply disapproval.

Under no circumstances shall the Area Agency on Aging, Region One be liable for any direct, indirect, incidental, special, punitive, or consequential damages which may result in any way from your use of the information included in the Elder Resource Guide.



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1366 E. Thomas Road, Ste 108 • Phoenix, AZ 85014

Phone: 602-264-2255 | Toll-Free: 888-783-7500 | TTY/TDD: 602-241-6110
Fax: 602-230-9132 | www.aaaphx.org

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ageWORKS[®] Program



Providing Training for Older Workers

Older adults seeking employment can participate in the Senior Community Service Employment Program (SCSEP). The program provides paid training opportunities to help job seekers aged 55 and older improve their skills and gain current work experience. Participants earn minimum wage while training an average of 20 hours a week at nonprofit or public agencies.

Call **602-264-4357** or toll-free at **888-264-2258**.

See page 27 for more information.

Adaptive Aids & Equipment

Adaptive aids and equipment are designed to help the elderly and persons with a physical disability with the activities of daily living, such as mobility and transferring. A wide variety of aids, equipment and services are available, including services from agencies that assist with home modifications for people with special needs. This equipment is often referred to as “durable medical equipment” because it can be used repeatedly in the home to aid in a better quality of living.

Adaptive aids and equipment can be purchased or rented privately and are usually covered under most medical insurance programs when prescribed by a medical professional. Check with your insurance provider for details. A limited amount of adaptive equipment is available for loan from one of the “loan closets” or agencies listed below.

For a complete listing of medical equipment suppliers, please refer to the local phone directory under the heading “Medical Equipment and Supplies” or the Medicare Website at www.medicare.gov, Resource Locator tab, Medical Equipment Suppliers.

For home modification equipment, please refer to page 49.

For hearing impaired aids, please refer to page 45.

For visually impaired aids, please refer to page 93.

The Arizona Technology Access Program (AzTAP)

Northern Arizona University
2400 N. Central Ave, Ste 300
Phoenix, AZ 85004
(602) 728-9534 | TTY: (602) 728-9536
Toll-Free: (800) 477-9921
www.azatreuse.org

Dignified Motors

3422 E. Roeser, Ste 102
Phoenix, AZ 85040
480-315-0103
www.dignifiedmotors.com

DriveAble Solutions

4120 N. 20th Street, Ste A
Phoenix, AZ 85016
602-840-2323
www.driveablesolutions.com

Elks Club

14424 N. 32nd Street
Phoenix, AZ 85032
602-482-2335
*(Members and family members only.
Must call in the morning.)*

**Fountain Hills
Community Center**

13001 N. La Montana Drive
Fountain Hills, AZ 85268
480-816-5226
www.fhseniorservices.org
(Fountain Hills residents only)

Friends of St. Anne Ministry

420 W. Watkins Road
Phoenix, AZ 85002
602-261-6896
www.stvincentdepaul.net

Helping Hands Foundation

14624 R. H. Johnson Boulevard
Sun City West, AZ 85375
623-975-5499
www.scwfoundation.org
(Sun City West, Sun City Grand, Corta
Bella and AZ Traditions residents only)

Kiwanis Loan Closet

PO Box 1498
Carefree, AZ 85377
480-488-8400
www.kiwaniscarefree.org
(Carefree, Cavecreek, N. Phoenix, New
River, N. Scottsdale residents only)

Medi-Loan Services

Granite Reef Senior Center
1700 N. Granite Reef
Scottsdale, AZ 85257
480-312-1734
www.scottsdaleaz.gov
(Scottsdale residents only)

Mesa Active Adult Center

247 N. MacDonald
Mesa, AZ 85201
480-962-5612
www.evseniorservices.org
(Mesa residents only)

Solecito Services, Inc.

8320 W. Madison, Box 1273
Peoria, AZ 85345
623-876-5331
(West Valley residents; no Sun City)

Southwest Lending Closet

218 N. Central Ave
Avondale, AZ 85323
623-932-1016
www.southwestlendingcloset.org

Sunshine Service

9980 Santa Fe Drive
Sun City, AZ 85351-3197
623-974-2561
www.sunshineservice.org
(Sun City residents only)

**Youngtown Community
Fund, Inc.**

11215-A Nevada Avenue
Youngtown, AZ 85363
623-977-4661
(Youngtown residents only)

Adult Day Health Care

Adult Day Health Care (ADHC) offers care and supervised activities during the day for seniors and adults with disabilities, allowing caregivers to take time off from their responsibilities. ADHC is a service that working caregivers can depend on.

Licensed by the Arizona Department of Health Services, ADHC centers offer supervision, planned activities, personal care, personal skills training, meals, and health monitoring.

Care is available during the day, for as many as five days a week. Most centers can provide transportation if needed.

To receive information on Area Agency on Aging funded services for adult day health care through the SAIL program, call the agency's Senior HELP LINE at 602-264-4357.

PHOENIX

John C. Lincoln Adult Day Health Care Center

303 E. Eva Street
Phoenix, AZ 85020
602-870-6374
www.jcl.com

Phoenix Adult Day Health Services

3620 N. 4th Ave
Phoenix, AZ 85013
602-297-1840
www.fsl.org

Sunflower Adult Day Care Center

2814 W. Bell Road, Ste 1415
Phoenix, AZ 85053
602-843-8711
www.sunfloweraduldaycarecenter.com

Suntree Center Adult Day Health Care

4120 N. 20th Street
Phoenix, AZ 85016
602-441-4900
www.suntreecenter.com

WEST VALLEY

Glendale Adult Day Health Services

6010 W. Northern Ave, Ste 800
Glendale, AZ 85301
602-532-2983
www.fsl.org

Lucy Anne's Place

16752 N. Greasewood Street
Surprise, AZ 85374
623-584-4999
www.benevilla.org

Mary's Place Memory Care

14601 N. Del Webb Boulevard
Sun City, AZ 85351
623-815-1031
www.benevilla.org

Peoria Adult Day Health Care Center

8133 W. Cactus Road
Peoria, AZ 85361
623-979-7126
www.benevilla.org

R & R Respite Adult Day Center

246 N. Washington Street
Wickenburg, AZ 85390
928-684-3480
www.wickenburgrespite.com

Sun City Adult Day Care

15800 Del Webb Boulevard
Sun City, AZ 85351
623-977-8274
www.benevilla.org

EAST VALLEY

Arbor Rose Adult Day Club

6033 E. Arbor Avenue
Mesa, AZ 85206
480-654-8200
www.arborroseseniorcare.com

Oakwood Creative Care

Red Mountain Multigenerational Center
7550 E. Adobe Street
Mesa, AZ 85207
480-641-7644
www.sirrinedultdayhealthservices.org

Oakwood Creative Care

Town Center
247 N. MacDonald
Mesa, AZ 85201
480-464-1061
www.sirrinedultdayhealthservices.org

**Tempe Adult Day
Health Center**

2234 E. Maryland Drive
Tempe, AZ 85281
602-532-2982
www.fsl.org

**Scottsdale Adult Day
Health Services**

7375 E. 2nd Street, Bldg 1
Scottsdale, AZ 85251
602-532-2980
www.fsl.org

Alcohol & Substance Abuse

Alcohol and substance abuse are not problems exclusive to the young. The abuse of alcohol and medications present unique problems to seniors and adults with a physical or mental disability. Elders often abuse or misuse these substances to try to alleviate loneliness or to cope with change.

Many older people take numerous prescription and over-the-counter medications every day. The use of medications and alcohol can lead to problems that cannot be resolved without help from someone outside the immediate family. There are many resources that can assist in obtaining counseling, information or support.

CENTRAL VALLEY

Alcoholics Anonymous

3215 E. Thunderbird, Ste B
Phoenix, AZ 85032
602-264-1341 (24 hour help line)
www.aaphoenix.org

Banner Health Systems

1-800-254-4357 (Appointment line)
www.bannerhealth.com

Community Bridges

Peer Access to Care Line
877-931-9142 (24/7)
www.communitybridgesaz.org

La Frontera Suicide Prevention Center

618 S. Madison Drive
Tempe, AZ 85281
Crisis Line: 480-784-1500
Administration: 480-784-1514
Toll-Free: 1-866-205-5229
www.empact-spc.com

Family Service Agency

2400 N. Central Avenue, Ste 400
Phoenix, AZ 85004
602-264-9891
www.fsaphoenix.org

Magellan Health Services of Arizona

4801 E. Washington Street
Phoenix, AZ 85034
Information: 1-800-564-5465
Crisis Line: 602-222-9444
1-800-631-1314
www.magellanofaz.com

National Council on Alcoholism and Drug Dependence

4201 N. 16th Street, Ste 140
Phoenix, AZ 85016
602-264-6214
1-800-622-2255
www.ncadd-phx.org

Native Health

4520 N. Central Avenue
Phoenix, AZ 85012
602-279-5262
www.nativehealthphoenix.org

**Native Health West (NHW)
Community Health Center**

2423 W. Dunlap, Ste 140
Phoenix, AZ 85021
602-279-52351

**Phoenix Area Narcotics
Anonymous**

PO Box 34123
Phoenix, AZ 85067
Helpline: 480-897-4636
www.arizona-na.org

**Salvation Army Adult
Rehabilitation Center**

15 E. Pima
Phoenix, AZ 85004
602-256-4520

**Southwest Behavioral
Health Services**

3450 N. 3rd Street
Phoenix, AZ 85012
602-265-8338
www.sbhservices.org

**St. Luke's Behavioral
Health Center**

1800 E. Van Buren
Phoenix, AZ 85006
602-251-8535
www.stlukesmedcenter.com

Terros

3003 North Central Avenue, Suite 200
Phoenix, AZ 85012
602-685-6000
www.terros.org

Valle de Sol

3807 North 7th Street
Phoenix, AZ 85014
602-258-6797, Ext. 637
www.valledelsol.com

WEST VALLEY

Banner Del E. Webb Medical Center

Behavioral Health

14502 W. Meeker Blvd

Sun City West, AZ 85375

602-254-4357

Narcotics Anonymous

PO Box 56097

Phoenix, AZ 85061-7220

Helpline: 480-897-4636

www.arizona-na.org

NOVA

4425 W. Olive Street, Ste 200

Glendale, AZ 85302

623-937-9203 (*Closed Thursdays*)

EAST VALLEY

Community Bridges

560 S. Bellview

Mesa, AZ 85204

480-962-7711

www.communitybridgesaz.org

Narcotics Anonymous

PO Box 5264

Mesa, AZ 85211

Helpline: 480-897-4636

www.arizona-na.org

Behavior Health

The loss of a spouse, isolation, loneliness, or a change in one's health or living situation are some of the circumstances people find themselves facing. Individuals often find it beneficial to seek professional help in dealing with life's twists and turns. Luckily, one is never too old to request or receive help through behavior health counseling.

Provided by a trained professional who counsels individuals, families and groups to promote optimal mental health and well-being, counselors can provide insight into problems and assistance in finding options to help overcome many obstacles in life, including the emotional, psychological and practical problems of everyday living.

Older adults die by suicide at higher rates than any other age group. If you or someone close to you may be considering suicide there is help available. Please call 1-800-273-TALK to speak with a caring professional in your area.

CRISIS INTERVENTION

Crisis Hotline La Frontera/EMPACT

602-222-9444
1-800-631-1314

EMPACT – Suicide Prevention Center

618 S. Madison Drive
Tempe, AZ 85281
Admin/Counseling: 480-784-1514
Crisis Line: 480-784-1500
Toll Free: 1-866-205-5229
www.empact-spc.com

Magellan Health Services of Arizona

4129 E. Washington Street
Phoenix, AZ 85034
Customer Service 1-800-564-5465
Crisis Line: 602-222-9444
Crisis Line: 1-800-631-1314
www.magellanofaz.com

COUNSELING SERVICES

Area Agency on Aging, Region One

ElderVention[®]
1366 E. Thomas Road, Ste 108
Phoenix, AZ 85014
602-264-HELP (4357)
www.aaaphx.org

Banner Psychological Services

1920 N. Higley Road, Ste 106
Gilbert, AZ 85234
480-543-2688
www.bannerhealth.com

Catholic Charities Community Services

4747 N. 7th Ave.
Phoenix, AZ 85013
602-285-1999
www.catholiccharitiesaz.org

Chrysalis Domestic Violence Counseling

2055 W. Northern Ave.
Phoenix, AZ 85021
602-955-9059
www.chrysalis-shelter.org

City of Tempe Social Service Office

3500 S. rural Road, 2nd Floor
Tempe, AZ 85282
480-350-5400
www.tempe.gov

Family Service Agency

2400 N. Central Ave., Ste 400
Phoenix, AZ 85004
602-264-9891
www.fsaphoenix.org

Jewish Family and Children's Services

2017 N. 7th Street
Phoenix, AZ 85006
602-452-4677
www.jfcsaz.org

Phoenix Interfaith Counseling

555 W. Glendale Ave
Phoenix, AZ 85021
602-532-0777
www.phx-interfaith.org

Northeast Valley

12835 N. 32nd Street
Phoenix, AZ 85032
602-992-7521

West Valley

2400 W. Dunlap Ave, Ste 300
Phoenix, AZ 85029
602-943-2999

East Valley

3910 S. Rural Road, Ste J
Tempe, AZ 85282
480-317-9868

Central Valley

4201 N. 16th Street, Ste 250
Phoenix, AZ 85016
602-248-9247

Southwest Behavioral Health Services

3450 N. 3rd Street
Phoenix, AZ 85012
602-265-8338
www.sbhservices.org

St. Luke's Behavioral Health Center

1800 E. Van Buren
Phoenix, AZ 85006
602-251-8535
www.stlukesmedcenter.com

GERIATRIC COUNSELING
PROGRAMS

Aurora Behavioral Health East

6350 S. Maple Ave.
Tempe, AZ 85283
480.345.5420
www.auroraarizona.com

Aurora Behavioral Health West

6015 W. Peoria Ave.
Glendale, AZ 85302
480.345.5420
www.auroraarizona.com

**Del E. Webb Medical Center
Sage Unit**

14502 W. Meeker Boulevard
Sun City West, AZ 85375
623-524-4042 (inpatient)
623-524-4210 (outpatient)
www.bannerhealth.com

Haven Senior Horizons

*Mental Health Services and Substance
Abuse Services*
1201 South 7th Avenue, Suite 200
Phoenix, AZ 85007
623-236-2000
www.havenbehavioral.com

St. Luke's Medical Center

Generations
1800 East Van Buren
Phoenix, AZ 85006
602-251-8535
www.stlukesmedcenter.com

COMMUNITY SUPPORT
AND ADVOCACY

**Arizona Council on
Compulsive Gambling**

1-800-572-1142
www.azccg.org

**Arizona Office of Problem
Gambling**

1110 W. Washington Street, Ste 450
Phoenix, AZ 85007
602-266-8299
1-800-NEXT-STEP (639-8783)
www.problemgambling.az.gov

Recover (STAR)

Medicaid
East: 480-649-3642
West: 623-882-8463
Central: 602-685-1295

Triple-R-Warm Line

602-347-1100
(Non-crisis, friendly phone service:
12:00PM–12:00AM weekdays
4:00PM–12:00AM weekends)

Benefits Counseling & Casework

When individuals apply for benefit programs or file insurance claims, they often feel overwhelmed with paperwork and “red tape”. Fortunately, there are professionals who can assist in filling out the required forms. Benefits counselors and case workers are trained and knowledgeable in working through the problems that often occur when attempting to obtain benefits. In addition, they can act as advocates to help individuals receive the assistance they need.

Benefits counseling and casework services are intended to provide short-term assistance to individuals needing help. Casework services can include supportive counseling, help filling out applications for social service programs, and assistance in obtaining housing, transportation or other services. Benefits counseling and casework services can be obtained by calling one of the organizations listed.

Area Agency on Aging, Region One

Benefits Assistance Program
1366 E. Thomas Road, Ste 108
Phoenix, AZ 85014
602-264-HELP (4357)
www.aaaphx.org

Foundation for Senior Living

1201 E. Thomas Road
Phoenix, AZ 85014
602-285-1800
TTY: 602-222-1063
www.fsl.org

Jewish Family and Children’s Services

2017 N. 7th Street
Phoenix, AZ 85006
602-257-9314
www.jfcsaz.org

Native American Connections

4520 N. Central Ave, Ste 600
Phoenix, AZ 85012
602-254-3247
www.nativeconnections.org

National Association of Professional Geriatric Care Managers

3275 W. Ina Road, Ste 130
Tucson, AZ 85741
520-881-8008
www.caremanager.org

Care Directions® Program



Providing Care and Assistance to Adults with HIV/AIDS

The Care Directions® program provides services in Maricopa County to men, women and children of all ages living with HIV/AIDS and their families. Care Directions® provides case management, home care (medical), bus passes, and housing assistance.

Call **602-264-CARE (2273)**.

See page 47 for more information.

Consumer Rights Organizations

Consumer rights organizations advocate or lobby for consumer rights or educate consumers about their rights. These organizations can include government and regulatory organizations, consumer rights advocacy organizations and unions/associations of consumers that provide consumer benefits.

The groups listed here are among those who place special emphasis on issues affecting older adults and persons with a disability.

American Association of Retired Persons (AARP)

1-888-687-2277

Member Service Center, AZ Office

16165 N 83rd Ave, Ste 201

Phoenix, AZ 85382

1-866-389-5649

www.aarp.org

Arizona Bridge to Independent Living (ABIL)

5025 E. Washington Street, Ste 200

Phoenix, AZ 85034

602-256-2245

1-800-280-2245

www.abil.org

Arizona Attorney General

Civil Rights Division

1275 West Washington

Phoenix, AZ 85007

602-542-5263

www.azag.gov

Arizona Center for Disability Law

5025 E. Washington Street

Phoenix, AZ 85034

602-274-6287

Toll-Free: 1-800-927-2260

www.acdl.com

Consumer Complaint Unit

1275 West Washington

Phoenix, AZ 85007

602-542-5763

www.azag.gov

American Civil Liberties Union of AZ

PO Box 17148

Phoenix, AZ 85011

602-650-1967

www.acluaz.org

Task Force Against Senior Abuse

1275 West Washington

Phoenix, AZ 85007

602-542-2124

www.azag.gov

Arizona Commission for the Deaf and Hard of Hearing

100 N. 15th Ave, Ste 104
Phoenix, AZ 85007
Voice: 602-542-3323
TTY: 602-364-0990
In State: 1-800-352-8161
www.acdhh.org

Arizona Department of Mental Health Services

Office of Human Rights
150 N. 18th Ave, 2nd Floor
Phoenix, AZ 85007
602-364-4585
www.azdhs.gov

Arizona Department of Veterans' Services

3333 N. Central Ave, Ste 1052
Phoenix, AZ 85012
602-627-3268
www.azdvs.gov

Arizona Labor Department

Industrial Commission Building
800 W. Washington, Room 403
Phoenix, AZ 85007
602-542-4515
www.ica.state.az.us

Arizona Nurses Association

1850 E. Southern, Ste 1
Tempe, AZ 85282
480-831-0404
www.aznurse.org

Arizona Senior Citizens Law Project

1818 S. 16th Street
Phoenix, AZ 85034
602-252-6710

Arizona Tenants Advocates

505 W. 6th Street
Tempe, AZ 85281
480-557-8905
www.arizonatenants.com

Arizona Registrar of Contractors

1700 W. Washington St., Ste 105
Phoenix, Arizona 85007
(602) 542-1525
1-877-MY AZROC
www.azroc.gov

ARC of Arizona

PO Box 90714
Phoenix, AZ 85066
602-234-2721
www.arcarizona.org

Better Business Bureau

4428 N. 12th Street
Phoenix, AZ 85014
602-264-1721
www.arizonabbb.org

Central Arizona Shelter Services (CASS)

230 S. 12th Ave
Phoenix, AZ 85007
602-256-6945
www.cass-az.org

Center for Prevention of Abuse & Violence (CASA)

2200 N. Central Ave, Ste 112
Phoenix, AZ 85004
602-254-6400
www.casacares.org

City of Phoenix Equal Opportunity Department

251 W. Washington Street, 7th Floor
Phoenix, AZ 85003
602-262-7716
www.phoenix.gov/eod

City of Phoenix Landlord/Tenant Line

200 W. Washington Street, 4th Fl.
Phoenix, AZ 85003
602-262-7210
www.phoenix.gov

Governor's Advisory Council on Aging

1700 W. Washington Street, #240
Phoenix, AZ 85007
602-542-4710
www.azdes.gov/gaca

Greater Phoenix Urban League

1402 S. 7th Ave
Phoenix, AZ 85007
602-254-5611
www.gphxul.org

Labor's Community Service Agency

3117 N. 16th Street, Ste 100
Phoenix, AZ 85016
602-263-5741
www.lcsaphx.org

Mental Health America of Arizona

6411 E. Thomas Road
Scottsdale, AZ 85251
480-994-4407
www.mhaarizona.org

National Association for the Advancement of Colored People (NAACP)

1818 S. 16th Street
Phoenix, AZ 85034
602-252-4064
www.maricopanaacp.com

Phoenix Indian Center

4520 N. Central Ave, Ste 250
Phoenix, AZ 85012
602-263-1017
www.phxindcenter.org

U.S. Equal Employment Opportunity Commission

3300 N. Central Ave, Ste 690
Phoenix, AZ 85012
602-640-5000
1-800-669-4000
TTY: 602-640-5072
www.eeoc.gov

Dental Care

Dental care is often difficult to obtain for the elderly and adults with a disability who do not have the financial resources to go to a private dentist. The organizations listed below may be able to help in obtaining reduced or no-cost dental care.

Adelante Healthcare Mesa Dental Clinic

1705 W. Main Street
Mesa, AZ 85201
480-247-7303
adelantehealthcare.com
(Reduced Fee)

Adelante Healthcare Surprise Dental Clinic

15351 W. Bell Road
Surprise, AZ 85374
623-544-5189
adelantehealthcare.com
(Reduced Fee)

Arizona Dental Association

3193 N. Drinkwater
Scottsdale, AZ 85251
480-850-1474
1-866-340-4337
www.azda.org
(Donated dental services)

Avondale Family Health Center Dental Clinic (MIHS)

Maricopa Integrated Health System
950 E. Van Buren
Avondale, AZ 85323
623-344-6809
www.mihs.org
(Reduced Fee)

Arizona School of Dentistry and Oral Health Dental Clinic

ASDOH Dental Clinic

5855 E. Still Circle
Mesa, AZ 85206
480-248-8100
www.atsudental.com
(Reduced Fee)

Dental Care West

20325 N. 51st Ave, Unit 156
Glendale, AZ 85308
623-251-4700
www.atsudental.com
(Reduced Fee)

CARE Partnership

Mesa, AZ
480-962-5197
carepartnership.org
(Reduced Fee)

CASS Homeless Shelter

602-256-6945
Phoenix, AZ
www.cassaz.org
(Reduced Fee)

**Chandler Family Health
Center Dental Clinic (MIHS)**

Maricopa Integrated Health System
811 S. Hamilton
Chandler, AZ 85225
480-344-6109
www.mihs.org
(Reduced Fee)

**Clinica Adelante/Tidwell
Family Care**

306 E. Monroe
Buckeye, AZ 85326
623-386-1630
www.clinicaadelante.com
(Reduced Fee)

**Glendale Family Health
Center Dental Clinic (MIHS)**

Maricopa Integrated Health System
5141 W. La Mar
Glendale, AZ 85301
623-344-6789
www.mihs.org
(Reduced Fee)

**Maricopa Medical Center
Dental Clinic (MIHS)**

Maricopa Integrated Health System
2525 E. Roosevelt Street
Phoenix, AZ 85008
602-344-1005
www.mihs.org
(Reduced Fee)

**McDowell Health Center
Dental Clinic (MIHS)**

Maricopa Integrated Health System
1144 E. McDowell Rd., Ste 300
Phoenix, AZ 85006
Phoenix, AZ
602-344-6550
www.mihs.org
(HIV/AIDS Only. Reduced Fee)

**Mesa Family Health Center
Dental Clinic (MIHS)**

Maricopa Integrated Health System
59 S. Hibbert
Mesa, AZ 85210
480-344-6209
www.mihs.org
(Reduced Fee)

Midwestern Dental Clinic

19389 N. 59th Ave
Glendale, AZ 85308
623-537-6000
www.mwuclinics.com/az/di
(Reduced Fee)

Mountain Park Health Center

635 E. Baseline
Phoenix, AZ 85042
602-243-7277
www.mphc-az.org
(Reduced Fee)

**Native American Community
Health Center**

4520 N. Central Ave Ste 620
Phoenix, AZ 85012
602-279-5262
(Accepts non-natives who qualify)

Neighborhood Christian Clinic

1929 W. Fillmore Street, Building C
Phoenix, AZ 85009
602-258-6008
www.thechristianclinic.org
(Reduced Fee)

Phoenix College Dental Hygiene Clinic

1202 W. Thomas Road
Phoenix, AZ 85013
602-285-7323
www.pc.maricopa.edu

Phoenix Indian Medical Center

4212 N. 16th Street
Phoenix, AZ 85016
602-263-1592
(Native Americans Only)

Rio Salado College School of Dental Hygiene

1150 E. Washington
Phoenix, AZ 85034
480-517-8020
www.riosalado.edu/dental

South Central Family Health Dental Clinic (MIHS)

Maricopa Integrated Health System
33 W. Tamarisk
Phoenix, AZ 85041
602-344-6400
www.mihs.org
(Reduced Fee)

St. Vincent de Paul Dental Clinic

420 W. Watkins Avenue
Phoenix, AZ 85003
602-261-6868
www.stvincentdepaul.net
(Reduced Fee)

VA Medical Center

Phoenix, AZ 85003
602-277-5551 Ext. 1-2931
www.phoenix.va.gov/services/Dental_Service.asp
(For 100% disabled only)

MOBILE UNIT:

Community Dental Foundation

1-888-318-3388
(Visits schools and churches)

Mobile Dentistry of Arizona

480-313-3310
(Elderly Homebound/Nursing Home)

Coronado Dental Clinic

480-461-1232
(Special Needs & Homebound Elderly)

ABUSE:

Give Back a Smile (AACD)

1-800-dentist
www.givebackasmile.com

Smiles for Success

1-800-920-2293
www.smilesforsuccess.org

Domestic Violence

Domestic violence does not respect age. Domestic violence in later life occurs when older individuals are physically, sexually or emotionally abused, exploited, or neglected by someone [with whom] they have an ongoing relationship. Abusers intentionally use coercive tactics, such as isolation, threats, intimidation, manipulation, and violence to gain and maintain control over the victim. — National Clearinghouse on Abuse in Later Life

No matter what the victim's age, abusers' tactics are remarkably similar. Abusers frequently look for someone they can dominate, people believed to be weak, people unlikely or unable to retaliate. With respect specifically to abuse in later life, the aggressors include spouses and former spouses, partners, adult children, extended family, and in some cases caregivers.

DOVES® is a comprehensive program that assists adults aged 50 and older who are victims of late-life domestic violence or elder abuse. DOVES® provides a safe haven, case management and critical support services tailored to meet the unique needs of older victims of abuse. Services include late-life domestic violence support groups, emergency housing, transitional housing, and interim housing.

Area Agency on Aging, Region One

The DOVES® Program

1366 E. Thomas Road, Ste 108

Phoenix, AZ 85014

602-264-HELP (4357)

www.dovesprogram.org

Lay Legal Advocacy Hotline

1-800-799-SAFE (7233)

National Domestic Violence Hotline

1-800-799-SAFE (7233)

TDD 1-800-787-3224

Arizona Coalition Against Domestic Violence

2800 N. Central Ave, Ste 1570

Phoenix, AZ 85004

602-279-2900 / TTY 602-279-7270

1-800-782-6400

www.azcadv.org

Rape, Abuse and Incest National Network (RAINN)

1-800-656-HOPE (4673)

SHELTERS:

CONTACS Shelter Hotline for Maricopa County

602-263-8900 / 1-800-799-7739

Community Alliance Against Family Abuse

Apache Junction
480-982-0196 / 877-982-0196

Catholic Charities My Sister's Place

Chandler
480-821-1024

A New Leaf's Faith House

Glendale
623-939-6798

New Life Center

Goodyear
623-932-4404

House of Refuge-East

Mesa
480-988-9242

A New Leaf's Autumn House

Mesa
480-835-5555

A New Leaf's DV STOP

Mesa
800-799-7739

Eve's Place

Peoria
623-537-5380

Chrysalis

Phoenix
602-944-4999

Chicanos por La Causa, DeColores

Phoenix
602-269-1515

DOVES®

Phoenix
602-264-4357

MOMA's House

Phoenix
602-244-1154

Salvation Army's Hope for a Home

Phoenix
602-267-4111

Sojourner Center

Phoenix
602-244-0089

UMOM DV Shelter

Phoenix
602-957-1903

ElderVention® Program



Services to Achieve and Maintain a Healthy Emotional Life

The ElderVention® program has two primary components: prevention/education and clinical treatment services. Prevention/education services are offered in the community for older adults who are depressed or at risk for suicide or substance abuse. Prevention/education is also offered to social service professionals and community members through trainings. ElderVention® is licensed to offer clinical treatment services.

Call **602-264-4357** or toll-free at **888-264-2258**.

See page 13 for more information.

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Elder Abuse

There are several different types of abuse of the elderly: physical, psychological, financial, and neglect. Help and support is available for both the elderly individual and their caregiver wherever they live—at home, in an assisted living facility or nursing home.

Anyone who comes in contact with an older adult has the responsibility to become aware of the signs of abuse and to report any signs of abuse to the proper authorities.

INFORMATION ABOUT ELDER ABUSE

Area Agency on Aging, Region One

Senior HELP LINE
1366 E. Thomas Road, Ste 108
Phoenix, AZ 85014
602-264-HELP (4357)
www.aaaphx.org

PREVENTION SERVICES & ASSISTANCE WITH VICTIMS OF ABUSE:

Arizona Attorney General's Office

Elder Affairs Program
1275 W. Washington
Phoenix, AZ 85007
602-542-2124
www.azag.gov

SUSPECTED INCIDENTS OF ABUSE

Adult Protective Services

Intake Phone Number:
1-877-767-2385
TTY: 1-877-815-8390
www.azdes.gov

Elder Refugee Program

The Elder Refugee Program conducts outreach to locate refugees 60 years of age or older in Maricopa County and make them aware of available health and social services. It also works to increase the availability of culturally and linguistically appropriate services for older refugees in the communities where they live. Program staff advocates on behalf of the refugees and coordinate with existing agencies and the refugee communities to better utilize resources in meeting the needs of the older refugee.

Area Agency on Aging, Region One

1366 E. Thomas Road, Ste 108
Phoenix, AZ 85014
602-264-2255
www.aaaphx.org

MOSAIC® Center

3118 N 7th Ave
Phoenix, AZ 85013
602-253-9073
www.aaaphx.org

Employment & Job Training

Senior Community Service Employment Program (SCSEP)

Older adults seeking employment can participate in the SCSEP. This program provides paid training opportunities to help job seekers aged 55 and older improve their skills and gain current work experience. Participants earn minimum wage while training an average of 20 hours a week at non-profit or public agencies. The program also provides community service hours to public and non-profit agencies, allowing them to enhance and provide needed services to the community.

Area Agency on Aging, Region One

ageWORKS®

1366 E. Thomas Road, Ste 108

Phoenix, AZ 85014

602-264-2255

www.aaaphx.org

Arizona Bridge to Independent Living

5025 E. Washington Street, Ste 200

Phoenix, AZ 85034

602-256-2245

TTY: 602-296-0591

www.abil.org

(Serves individuals with a disability)

Employment Programs: A variety of older worker programs are available to assist job seekers. Contact the following organizations for specific information.

AARP Senior Community Service Employment Program

5119 N. 19th Ave, Ste A

Phoenix, AZ 85015

602-841-0403

www.aarpworksearch.org

Arizona Women's Education & Employment

640 N. 1st Ave

Phoenix, AZ 85003

602-223-4333

www.awee.org

914 W. Hatcher

Phoenix, AZ 85021

602-371-1216

735 N. Gilbert Road, Ste 134

Gilbert, AZ 85234

602-372-9718

(In the Maricopa Workforce Center)

**Banner Olive Branch
Senior Center**

11250 N. 107th Ave
Sun City, AZ 85351
623-974-6797
www.bannerhealth.com

**Goodwill of Central Arizona
Workforce Development**

www.goodwillaz.org

2626 W. Beryl Ave
Phoenix, AZ 85021
602-535-4000

930 N. Alma School Road
Chandler, AZ 85224
602-535-4440

211 N. Litchfield Road
Goodyear, AZ 85338
602-535-4416

10603 E. Apache Trail
Mesa, AZ 85207
480-380-7597

106 E. McKellips Road
Mesa, AZ 85207
602-535-4466

6750 W. Peoria Ave, Ste 115
Peoria, AZ 85345
602-535-4400

3514 W. Peoria Ave
Phoenix, AZ 85029
602-535-4422

1980 W. Baseline Road
Phoenix, AZ 85041
602-535-4477

515 N. 51st Ave
Phoenix, AZ 85043
602-513-8420

4005 N. 16th Street
Phoenix, AZ 85016
602-535-4214

1726 W. Camelback Road
Phoenix, AZ 85015
602-535-4484

8959 E. Indian Bend Road
Scottsdale, AZ 85250
602-535-4470

805 E. Guadalupe Road
Tempe, AZ 85283
602-535-4460

Greater Phoenix Urban League

1402 S. 7th Ave
Phoenix, AZ 85007
602-254-5611, Ext. 111
www.gphxul.org

**Maricopa Workforce
Connection One-Stop Center**

Gilbert Career Center
735 N. Gilbert Road, Ste 134
Gilbert, AZ 85234
480-497-0350
arizonaworkforceconnection.com

Vista del Camino Center

7700 E. Roosevelt
Scottsdale, AZ 85257
480-312-2323

West Valley Career Center

1840 N. 95th Ave, Ste 160

Phoenix, AZ 85037

602-372-4200

St. Joseph the Worker

1125 W. Jackson Street

Phoenix, AZ 85007

602-417-9854

www.sjwjobs.org

(For homeless & disadvantaged)

Beacon Group SW, Inc.

www.tetracorp.com

2222 N. 24th Street

Phoenix, AZ 85008

602-685-9703

4415 N. Buckboard Trail, Ste C

Scottsdale, AZ 85251

480-949-0135

*(Employment support only for
mental and physical disabilities –
not seniors)*

Mark Center

924 N. Country Club Drive

Mesa, AZ 85201

480-969-3800

TTY: 480-890-7205

www.marccenter.com

*(Employment support only for mental
& physical disabilities – not seniors)*

Vocational Rehabilitation

3221 N. 16th Street, Ste 200

Phoenix, AZ 85016

602-266-6752

*(Employment support only for mental
& physical disabilities – not seniors)*

Financial Assistance

Eligibility for financial assistance is usually based on income, resources and need for aid caused by an inability to work or a crisis situation. This section groups programs according to the need each is designed to meet.

Temporary Assistance to Needy Families (TANF) is typically made available to parents who have a low income and young children in the home. Grandparents who care for children whose parents are not available to provide care are also eligible to apply for TANF benefits.

Applications can be obtained from Arizona Department of Economic Security (DES) offices. The number listed below can provide information on the DES office nearest you.

Arizona Department of Economic Security

Family Assistance Administration
1789 W. Jefferson Street, 3rd Floor
Phoenix, AZ 85005
602-542-9935
Toll-Free: 1-800-352-8401
www.azdes.gov

Social Security Administration offers a variety of programs that provide income and benefits to individuals who meet eligibility requirements. Programs include benefits for surviving spouses, retirement/worker benefits, disability benefits, and benefits for dependents.

Social Security Administration

1-800-772-1213
www.socialsecurity.gov

253 W. Superstition Blvd
Apache Junction, AZ 85220

702 W. Jerome Ave
Mesa, AZ 85210

250 N. 7th Ave, Ste A
Phoenix, AZ 85007

Social Security Administration Offices

16241 N. Tatum Blvd
Phoenix, AZ 85032

5907 W. Kings Ave
Glendale, AZ 85306

Supplemental Security Income (SSI) A program administered by the Social Security Administration, SSI provides monthly benefits to individuals 65 years of age or older who meet certain income guidelines.

Individuals with a disability or blindness may also be eligible based on income, resources and a determination of their disability.

Social Security Administration

1-800-772-1213

Community Action Programs (CAP) provide a variety of assistance services. These programs are administered through counties, cities, councils of governments, and other private non-profit organizations. Some of the services they may provide are: Emergency assistance, utility assistance and discount programs, rental/mortgage assistance, housing repair, food boxes and other food and nutrition programs, and homeless services.

INSIDE THE
CITY OF PHOENIX

Maricopa County Human Services Department

234 N. Central Ave, 3rd floor
Phoenix, AZ 85004
602-506-5911

City of Phoenix Human Services Department

200 W. Washington, 18th floor
Phoenix, AZ 85003
602-262-6666

Travis L. Williams Family Services

Human Services Center
4732 S. Central Ave
Phoenix, AZ 85040
602-534-4732
www.phoenix.gov

John F. Long Family Services

3454 N. 51st Ave
Phoenix, AZ 85031
602-262-6510
www.phoenix.gov

Sunnyslope Family Services

914 W. Hatcher Road
Phoenix, AZ 85021
602-495-5229
www.phoenix.gov

City of Phoenix PACE Line for 60+

602-262-6631
(Call Mondays 1:00PM – 4:30PM)

OUTSIDE THE CITY OF PHOENIX

Southwest Valley Utility Assistance Line

1-855-204-7797
*(Avondale, Goodyear, Litchfield Park,
Laveen, Glendale)*

1007 S.3rd Street
Avondale, AZ 85323
623-333-2700
www.avondale.org

Chandler Christian Community Center

345 S. California Street
Chandler, AZ 85225
(Services for Chandler and Gilbert)

Money management classes and assistance with résumés

303 E. Pima Street
Gila Bend, AZ 85337
928-683-6502
(Services for Chandler and Gilbert)

5949 W. Northern Ave, Ste 205
Glendale, AZ 85301
623-930-2854
www.glendaleaz.com/CAP

9241 Avenida del Yaqui
Guadalupe, AZ 85283
480-730-3093

635 E. Broadway
Mesa, AZ 85204
480-833-9200
www.mesacan.org

7700 East Roosevelt
Scottsdale, AZ 85257
480-312-2323
www.scottsdaleaz.gov

2150 E. Orange
Tempe, AZ 85281
480-350-5880
www.tcaainc.com

9555 W. Van Buren
Tolleson, AZ 85353
623-936-1407

255 N. Washington
Wickenburg, AZ 85390
1-928-684-7894
www.ci.wickenburg.az.us

Additional Assistance Programs: The following agencies may also provide assistance for an emergency situation or in the event of a disaster. Assistance is offered for utilities, food, rent, and shelter.

Glendale Utility Assistance Line

Rental/Utilities/Mortgage
623-930-2460

North West Area Utility Assistance Line

602-372-0728
*(Peoria, El Mirage, Sun Cities, Anthem,
Cave Creek, Carefree & surrounding area)*

**Catholic Charities
Community Services**

4747 N. 7th Ave
Phoenix, AZ 85013
602-285-1999
www.catholiccharitiesaz.com

**Salvation Army
Family Services**

www.phoenixsalvationarmy.com

2702 E. Van Burn Street
Phoenix, AZ 85008
602-267-4122
(Utilities and financial assistance)

6010 W. Northern Ave
Glendale, AZ 85312
623-934-0469
(SHARE program for electricity and gas assistance only)

241 E. 6th Street
Mesa, AZ 85201
480-833-8322
www.salvationarmymesa.org

85 E. Saragosa Street
Chandler, AZ 85225
480-963-2041

17420 N. Avenue of the Arts Blvd
Surprise, AZ 85374
623-977-1084

714 S. Myrtle Ave
Tempe, AZ 85281
480-967-8649

Society of St. Vincent de Paul

420 W. Watkins Road
Phoenix, AZ 85003
602-266-4673
www.stvincentdepaul.net

Sun City Community Fund

Olive Branch Senior Center
10765 W. Peoria
Sun City, AZ 85351
623-974-6797

**SunCity West
Community Fund**

Personal Needs Committee
623-546-1122

**Sun City Taxpayers
Association Community
Action Network**

10195 W. Coggins Drive
Sun City, AZ 85351
623-933-7530
www.suncitytaxpayers.org
(No financial assistance with taxes and filling out Medicare/AHCCCS paperwork)

Property Tax Assistance is available to seniors 65 years of age and older in the form of a property valuation freeze. The property must be the primary residence for at least two years. All owners of the property must meet income eligibility guidelines in order to qualify. If qualifications are met, property taxes will be determined by the frozen valuation for three years.

Maricopa County Assessor

301 W. Jefferson Street, Ste 330
Phoenix, AZ 85003
602-506-3406
www.maricopa.gov/assessor

Financial Counseling: The following agencies may be able to provide assistance in budget and credit counseling, money management and financial decision making.

Administration of Resources and Choices

5717 E. Thomas Road
Scottsdale, AZ 85251
480-947-4700
(Foreclosure prevention and reverse mortgages)

Money Management International

722 E. Osborn Road, Ste 210
Phoenix, AZ 85014
1-866-889-9347
www.moneymanagement.org
(Call main office for other sites)

Greenpath Debt Solutions

401 W. Baseline, Ste 206
Tempe, AZ 85283
1-800-550-1961
www.greenpath.com

Phoenix Volunteer Income Tax Assistance

4041 N. Central Ave
Phoenix, AZ 85012
602-636-9199
www.irs.gov

AARP

888-227-7669

Maricopa County Public Fiduciary

222 N. Central Ave, Ste 4100
Phoenix, AZ 85004
602-506-5801
(Burial Assistance Only)

Food Assistance

In addition to the emergency food services provided by food banks, there are other food assistance programs available throughout the county. They include, but are not limited to, SNAP (replaces Food Stamp Program), Arizona Farmers Market Nutrition Program, Food Plus, and Food Cooperatives.

Emergency Food Assistance: Emergency food boxes are available to provide food for a limited number of days. Individuals must be referred to the program by a social service agency in order to receive this aid and must meet eligibility requirements.

Cultural Cup Food Bank

537 E. Osborn
Phoenix, AZ 85012
602-266-8370
www.culturalcup.com

Desert Mission Food Bank

9229 N. 4th Street
Phoenix, AZ 85020
602-870-6062
www.jcl.com/foodbank
*(35th Ave – 44th St & Glendale Ave, N.
to County Line)*

Interfaith Cooperative Ministries (ICM)

501 S. 9th Ave
Phoenix, AZ 85007
602-254-7450
www.icmaz.org

Paradise Valley Emergency Food Bank

10862 N. 32nd Street
Phoenix, AZ 85028
602-867-9228
(PV School District only; no walk-ins)

St. Mary's/Westside Food Bank Alliance

2831 N. 31st Ave
Phoenix, AZ 85009
602-242-3663
www.firstfoodbank.org

13050 W. Elm Street
Surprise, AZ 85374
602-242-3663

3131 W. Thomas Road
Phoenix, AZ 85009
602-242-3663

3003 W. Thomas Road
Phoenix, AZ 85009
602-242-3663

United Food Bank

358 E. Javelina Ave
Mesa, AZ 85210
480-926-4897
www.unitedfoodbank.org
*(Food distribution center only –
No emergency food assistance)*

Supplemental Nutrition Assistance Program (SNAP) is the name for the Federal Food Stamp Program. SNAP increases a low-income household's purchasing power by providing funds that can be used at grocery stores to buy nutritious food items. All participants receive their benefit on an Electronics Benefits Transfer (EBT) card that can be used at the grocery store or participating Farmer's Markets as you would a debit or credit card. Eligibility for SNAP is based on residency, citizenship or permanent resident status; income; and resources.

Applications for food stamps are available at local Arizona Department of Economic Security (DES) offices. Call the number below for the location of the DES office nearest you.

Several food programs offer assistance, ranging from bags or boxes of groceries to prepared meals. Much of the food is surplus, often coming straight from the fields after farmers have harvested their crops. Eligibility to participate is based on income, being 60+ years of age, or having a disability.

Supplemental Nutrition Assistance Program (SNAP)

*Department of Economic Security
815 N. 18th Street
Phoenix, AZ 85006
In Phoenix: 602-542-9935
www.azdes.gov/faa*

**Arizona Commodity Supplemental Food Program
602-242-3663**

Bridges Reaching the Elderly and Disabled (BREAD)

602-242-3663, 602-266-8370
Free supplemental food box delivered to seniors and disabled individuals unable to leave their homes due to financial hardship and physical disabilities.

**Brown Bag/Gleaning Program
602-242-3663**

A supplemental bag of groceries provided weekly or on a regular basis to seniors or participating households. Operated by St. Mary's/Westside Food Bank Alliance.

**Food Value Club
602-242-3663**

A cooperative food-purchasing program that provides food to low-income households for \$15 (cash or food stamps).

**Food Plus
602-242-3663**

A monthly package of supplemental food provided at no cost to senior citizens (60+ years old), children and pregnant or post-partum women.

Friendly Visitors

Friendly visitors provide companionship. They can assist with activities such as shopping, reading a book, helping with the mail, or just talking. Friendly visitors also help provide peace of mind to caregivers who cannot check on family or friends as often as they might like.

In addition to actually visiting the home, friendly visiting is provided in some areas by a telephone reassurance service that regularly phones individuals to check their well-being.

Assistance for Independent Living

45 W. University, Ste B
Mesa, AZ 85201
480-966-9704
www.evadultresources.org

Benevilla

Phone Pals
16752 N. Greasewood Street
Surprise, AZ 85374
623-584-4999
www.benevilla.org

John C. Lincoln Auxiliary Line

250 E. Dunlap
Phoenix, AZ 85020
602-331-5729
www.jcl.com
(Telephone reassurance only)

Duet

555 West Glendale
Phoenix, AZ 85021
602-285-0543
www.duetaz.org

Foothills Caring Corps

7275 E. Easy Street, Ste B103
Carefree, AZ 85377
480-488-1105
www.foothillscaringcorps.com

Pan de Vida

PO BOX 745
Queen Creek, AZ 85242
480-987-0819
www.pandevidaaz.org

Sheriff's Posse of Sun City West

R.U.O.K. Program
20450 N. Stardust Blvd
Sun City West, AZ 85375
623-584-5808
www.sheriffspossesuncitywest.net
(Telephone reassurance)

Home-Delivered Meals



Important Support for Self-sufficient Living

Home-delivered meals provide homebound individuals with a nutritious, hot meal each day. This service is available to older adults and younger adults with a disability who are unable to prepare or obtain meals for themselves during a period of need. Home-delivered meals assists homebound individuals in leading healthful, wholesome, and self-sufficient lives. In addition to a nutritious meal, the service also provides a daily visit to check on the individual's condition and safety. Meals are usually delivered by a volunteer 5 days a week and may provide an additional meal for the weekend.

Call **602-264-4357** or toll-free at **888-264-2258**..

See page 64 for more information.

Grandparents Raising Grandchildren

The following programs offer support and assistance to grandparents who are raising their grandchildren. Finding available resources, providing emotional support and respite are some of the services offered.

Area Agency on Aging, Region One

1366 E. Thomas Road, Ste .108
Phoenix, AZ 85014
602-264-HELP (4357)
www.aaaphx.org

Duet

555 W. Glendale Ave
Phoenix, AZ 85021
602-274-5022
www.duetaz.org

Health Care

A variety of programs and reduced-cost health care services are available for seniors and adults with a disability. Here is a broad overview of the programs available.

Medicare is a federal health insurance program for people who are 65 years of age and older and for younger people with permanent disabilities. There are four parts to Medicare:

- Part A primarily covers hospitalization.
- Part B covers outpatient care, including visits to doctors.
- Part C covers Medicare health plans.
- Part D covers prescription drugs.

Eligibility determination and enrollment in the Medicare program is the responsibility of the Social Security Administration.

Social Security Administration

1-800-772-1213

ssa.gov

For a list of local Social Security offices, please see [page 30](#).

For General Information About the Medicare Program

1-800-MEDICARE

1-800-633-4227

www.medicare.gov

Once enrolled in Medicare, people have choices. The Benefits Assistance Program, the local SHIP (State Health Insurance Assistance Program), provides objective information about Medicare, insurance and benefits to seniors, persons with a disability and caregivers. Trained

volunteers are available at a number of locations throughout Maricopa County to provide free personalized assistance. Please call for local sites.

Area Agency on Aging, Region One

Benefits Assistance Program

1366 E. Thomas Road, Ste 108

Phoenix, AZ 85014

602-264-HELP (4357)

www.aaaphx.org

Arizona Health Care Cost Containment System (AHCCCS)

is Arizona's Medicaid program. Designed to help those who cannot otherwise afford medical care, eligibility to participate is based on evidence of citizenship, residency in Arizona, household income, and may require evidence of assets and prior medical expenses.

Arizona Health Care Cost Containment System

801 E. Jefferson Street
Phoenix, AZ 85034
602-417-4000 / 1-800-654-8713
www.azahcccs.gov

Medicare Savings Programs

can help people on a limited income pay for costs associated with Medicare. Eligibility and benefit level is based on income. To apply for Medicare savings programs, contact AHCCCS:

SSI/MAO Office

801 E. Jefferson, MD 3800
Phoenix, AZ 85034
602-417-5010
www.ahcccs.state.az.us

Quality Improvement Organization:

People on Medicare have special rights if they are in the hospital. They have the right to request a review by the Quality Improvement Organization of any written notice

of non-coverage received from the hospital stating Medicare will no longer pay for the hospital care. The Quality Improvement Organization also monitors and reviews quality of care issues. To contact the Quality Improvement Organization:

Health Services Advisory Group, Inc.

3133 E. Camelback Road, Ste 300
Phoenix, AZ 85016
www.hsag.com
602-264-6382 / 1-800-359-9909

Additional Health Insurance

Information: Health insurance is a complicated matter. The following resource list includes agencies that can assist you in obtaining information regarding health insurance and benefits.

Area Agency on Aging, Region One

Benefits Assistance Program
1366 E. Thomas Road, Ste 108
Phoenix, AZ 85014
602-264-HELP (4357)
www.aaaphx.org

AZ Department of Insurance

Consumer Affairs Division
2910 N. 44th Street, Ste 210
Phoenix, AZ 85018
602-364-2499 / 1-800-325-2548
www.id.state.az.us

**SHIP Statewide Medicare
Hotline**

1-800-432-4040

Low Cost Medical Clinics Medical Assistance may be available at the following locations for persons with a limited income. Financial eligibility will be assessed and, depending on income, services may be provided on a sliding-scale fee basis.

Clinica Adelante Centers

1-877-809-5092

www.adelantehealthcare.com

**Adelante Healthcare Avondale
OB/GYN**

Coronado Professional Plaza
3400 N. Dysart Road, Ste F-121
Avondale, AZ 85392

Adelante Healthcare Surprise

5351 W. Bell Road
Surprise, AZ 85374

**Adelante Healthcare
Wickenburg**

811 N. Tegner Street, Ste 113
Wickenburg, AZ 85390

Adelante Healthcare Buckeye

306 E. Monroe
Buckeye, AZ 85326

Adelante Healthcare Gila Bend

100 N. Gila Avenue
Gila Bend, AZ 85337

Adelante Healthcare Phoenix

7725 N. 43rd Avenue, Ste 510
Phoenix, AZ 85051

Adelante Healthcare Mesa

1705 W. Main Street
Mesa, AZ 85201

**Adelante Healthcare Mobile
Health Program**

306 E. Monroe Ave
Buckeye, AZ 85326

**Mission of Mercy Care
Partnership Clinics**

602-486-7798 (*Mesa, Maryvale, Central
and South Phoenix Clinics Sites*)

623-932-2723 (*Avondale Clinic*)

www.amissionofmercy.org/arizona

**First Southern Baptist Church
of Avondale**

1001 N. Central Ave
Avondale, AZ 85323
602-932-2723
(Hrs: 2nd, 3rd & 4th Mon,
8:00am–3:00pm)

Holy Family Catholic Church

6802 S. 24th Street
Phoenix, AZ 85042
(Hrs: 2nd & 4th Tue, 8:00am–3:00pm)

**Maryvale Church of the
Nazarene**

3201 North 51st Ave
Phoenix, AZ 85031
(Hrs: 1st & 3rd Tue, 8:00am–3:00pm)

Shepherd of the Valley Church

1500 W. Maryland Ave
Phoenix, AZ 85015
(Hours: Wed, 8:00am–3:00pm)

Christ the King Community Church*Medical Clinic*

1616 E. Broadway

Mesa, AZ 85204

(Hrs: Thur, 8:00am–3:00pm)

1144 E. McDowell Road, Ste 300

Phoenix, AZ 85006

602-344-6550

(HIV adult clients only)

59 S. Hibbert Street

Mesa, AZ 85210

480-344-6200

1205 S. 7th Ave

Phoenix, AZ 85007

602-344-6600

33 W. Tamarisk

Phoenix, AZ 85041

602-344-6400

1201 S. 7th Ave

Phoenix, AZ 85007

602-344-6655

*(Walk-in clinic)***Maricopa Integrated Health System**

2601 E. Roosevelt Street

Phoenix, AZ 85008

602-344-1153

www.mihs.org

(Admin. for outpatient health centers)

950 East Van Buren

Avondale, AZ 85323

623-344-6800

811 South Hamilton

Chandler, AZ 85225

480-344-6100

2525 E. Roosevelt

Phoenix, AZ 85008

602-344-1015

12428 W. Thunderbird Road

El Mirage, AZ 85335

623-344-6500

5141 W. LeMar Street

Glendale, AZ 85301

623-344-6700

5825 E. Calle Guadalupe

Guadalupe, AZ 85283

480-344-6000

4011 N. 51st Ave

Phoenix, AZ 85031

623-344-6900

Banner Good Samaritan Regional Medical Service Clinic

1300 N. 12th Street, Ste 508

Phoenix, AZ 85006

602-839-3927

www.bannerhealth.com

Maricopa County Healthcare for the Homeless

220 South 12th Ave

Phoenix, AZ 85007

602-372-2100

www.maricopa.gov

(Must be homeless, walk-ins only)

Mountain Park Health Center

2703 N. 3rd Street, Ste 4020
Phoenix, AZ 85004
Corporate office: 602-323-3344
Clinic Intake: 602-243-7277
www.mountainparkhealth.org

635 E. Baseline Road
Phoenix, AZ 85042

6601 W. Thomas Road
Phoenix, AZ 85033

1492 S. Mill Avenue, Ste 312
Tempe, AZ 85281

140 N. Litchfield Road, Ste 200
Goodyear, AZ 85338

690 N. Cofco Center, Ste 230
Phoenix, AZ 85008

Neighborhood Christian Clinic

1929 W. Fillmore Street, Building C
Phoenix, AZ 85009
602-258-6008
www.thechristianclinic.org

Society of St. Vincent de Paul

420 W. Watkins Ave
Phoenix, AZ 85003
602-261-6868
www.stvincentdepaul.net

Hearing Impaired & Deaf Services

Education, rehabilitation, outreach, counseling, and interpreting services are among the many types of assistance available for persons with hearing impairments or deafness.

Arizona Commission for the Deaf and Hard of Hearing

TTY/Voice

100 N. 15th Ave, Ste 104

Phoenix, AZ 85007

602-542-3323

Voice/TTY: 1-800-352-8161

www.acdhh.org

Arizona Speech-Language-Hearing Association

12256 N. 26th Place

Phoenix, AZ 85032

602-354-8062

www.arsha.org

ASU, Speech & Hearing Clinic

PO Box 870102

COOR Hall, Ste 2351

Tempe, AZ 85287

Voice: 480-965-2373

www.shs.asu.edu/clinics

Hear Now

6700 Washington Ave South

Eden Prairie, MN 55344

1-800-648-4327

www.sotheworldmayhear.org

Hearing Instrument Services

3525 E. Indian School Road

Phoenix, AZ 85018

602-956-2980

Lion's Sight and Hearing Foundation

3427 N. 32nd Street

Phoenix, AZ 85018

602-954-1723

www.lions-sight-and-hearing-foundation.org

Rehabilitation Services – DES

1789 W. Jefferson

2nd Floor, NW Wing 930A

Phoenix, AZ 85007

602-542-3332

www.azdes.gov/rsa

Valley Center of the Deaf

5025 E. Washington Street, Ste 114

Phoenix, AZ 85034

TTY/Voice: 602-267-1921

www.valleycenterofthedeaf.org

Foundation for Sight & Sound

Help America Hear Program

PO Box 1245

Smithtown, NY 11787

631-366-3461

foundationforsightandsound.org

AUDIENT

3191 W. Temple Ave, Suite 200

Pomona, CA 91768

877-283-4368

www.audientalliance.org

Vocational Rehabilitation

3221 N. 16th Street, Ste 200

Phoenix, AZ 85016

602-266-6752

www.azdes.gov/rsa

**Arizona Tele Communications
Equipment Distributions
Program (AZTEDP)**

100 N. 15th Ave, Ste 104

Phoenix, AZ 85007

602-542-1124

www.acdhh.org

HIV & AIDS

HIV Care Directions® provides medical and support case management services to people of all ages residing in Maricopa and Pinal Counties who are diagnosed with HIV (human immunodeficiency virus), the virus that causes AIDS. Care Directions® case managers specialize in comprehensive assessment and developing personalized care plans to best meet the needs of individuals, as well as their families.

Services are available in both Spanish and English and HIV Care Directions® case managers offer clients the option of home visits, making HIV services more accessible and “user friendly”. This service is available to men, women, children, and families with HIV.

In addition to Care Directions®, the agencies listed below can assist with the diagnosis, treatment and provide information about HIV.

Area Agency on Aging, Region One

Care Directions®
1366 E. Thomas Road, Ste 200
Phoenix, AZ 85014
602-264-2273
www.caredirections.org

Concilio Latino de Salud

202 E. McDowell Road, Ste 164
Phoenix, AZ 85004
602-285-0970
www.concilio.org
*(AIDS/HIV education and outreach for
Hispanic population)*

ASU Student Health Center

Tempe: 480-965-3349
Phoenix: 602-496-0721
(Students of ASU only)

Ebony House

39 E. Jackson Street
Phoenix, Arizona 85004
Phone:(602)254-6180
www.ebonyhouseinc.org

Chicanos por la Causa

1112 E. Buckeye Road
Phoenix, AZ 85034
602-257-0700
www.cplc.org

Maricopa County Public Health Clinic

1645 E. Roosevelt
Phoenix, AZ 85006
602-506-6900
www.maricopa.gov/public_health

McDowell Healthcare Center

1101 N Central Ave
Phoenix, AZ 85004
602-344-6550
www.mihs.org

Phoenix Shanti Group

2345 W Glendale Ave
Phoenix, AZ 85021
602-279-0008
hwww.shantiaz.org
(Open: 8:00-4:30 Mon-Fri)

**Planned Parenthood of
Central and Northern Arizona**

5651 N. 7th Street
Phoenix, AZ 85014
602-277-7526
1-800-230-7526
www.ppaz.org
(Call for clinic locations)

Southwest Center for HIV/AIDS

1101 N Central Ave
Phoenix, AZ 85004
602-307-5330
www.swhiv.org

Terros

3003 N. Central Ave, Ste 200
Phoenix, AZ 85012
602-685-6000
www.terros.org
(Administration; call for clinic locations)

AIDS Info

PO Box 6303
Rockville, MD 20849
1-800-448-0440
TTY: 1-888-480-3739
www.aidsinfo.nih.gov

**National AIDS Hotline Center
for Disease Control**

1-800-232-4636
1-800-448-0440
www.cdc.gov/hiv

Home Modification

Home modification refers to the conversion or adaptation of the living environment in order to make performing tasks easier, reduce accidents and support independent living. Examples include installing ramps, hand-held showers, grab bars, better lighting, roll-in showers, and stair or chair lifts. Home modifications overlap considerably with adaptive aids, which tend to be more mobile in nature and not attached to the structure of the house (see pg. 5 for adaptive aids.)

Area Agency on Aging, Region One

SAIL Program

1366 E. Thomas Road, Ste 108

Phoenix, AZ 85014

602-264-HELP (4357)

www.aaaphx.org

Rebuilding Together

2123 S. Priest Drive, Ste 213

Tempe, AZ 85282

480-774-0237

www.rebuildingtogether.org

Tempe Neighbors Helping Neighbors (TNHN)

Provides assistance with yard and landscape maintenance, minor home repair and minor modifications. By providing assistance.

480-858-2309

www.tempeighbors.org

Arizona Bridge to Independent Living

5025 E. Washington Street, Ste 200

Phoenix, AZ 85034

602-256-2245

1-800-280-2245

www.abil.org

Duet

555 W. Glendale Ave

Phoenix, AZ 85021

602-274-5022

www.duetaz.org

Foundation for Senior Living

3051 S. 45th Street

Phoenix, AZ 85040

602-532-2976

www.fsl.org

Home Repair & Weatherization

Living independently in one's own home also means keeping up with maintenance and repair. Unfortunately, minor maintenance problems can become major challenges for older adults and persons with a disability.

The home repair programs listed here are designed to help people maintain their homes, but differ in the types of repairs performed, who is eligible to have repairs performed and whether the repairs are performed by volunteers or paid workers.

Benevilla

16752 N. Greasewood Street
Surprise, AZ 85374
623-584-4999
www.benevilla.org
(Handyman only)

Duet

555 W. Glendale
Phoenix, AZ 85021
602-285-0543
www.duetaz.org
(Handyman only)

Foundation for Senior Living

1201 E. Thomas Road
Phoenix, AZ 85014
602-532-2976
www.fsl.org

Glendale Community Revitalization

6829 N. 58th Drive, Ste .104
Glendale, AZ 85301
623-930-3670
www.glendaleaz.com

Labor's Community Service Agency

3117 N. 16th Street, Ste 100
Phoenix, AZ 85016
602-263-5741
www.lcsaphx.org

Neighborhood Improvement & Housing Department of Phoenix

200 W. Washington Street, 4th Floor
Phoenix, AZ 85003
602-495-0700
(Major home repair only)

Stardust

1720 W. Broadway Road, Ste 101
Mesa, AZ 85202
480-668-0566, Ext. 24
www.stardustbuilding.org

Tempe Neighbors Helping Neighbors (TNHN)

480-858-2309
www.tempenighbors.org
*Assist with yard & landscape maintenance,
minor home repair & modifications.*

Community Action Programs may also provide assistance (see listing under Financial Assistance).

**City Weatherization, Repair,
A/C, Heater Assistance:**

Agua Caliente:

602-252-3186 / 928-683-2245

Anthem: 623-979-3911

Aquila:

800-506-0576 / 928-684-7894

Avondale: 623-333-2700

Buckeye: 623-349-6600

Carefree: 623-979-3911

Cashion: 623-333-2700

Cave Creek: 623-979-3911

Chandler: 480-963-4321

Circle City:

800-506-0576 / 928-684-7894

City of Tolleson: 623-936-2760

El Mirage: 623-979-3911

Fountain Hills: 480-350-5880

Guadalupe: 480-730-3093

Gila Bend:

602-252-3186 / 928-683-2245

Gilbert: 480-963-4321

Glendale: 623-930-2854

Goodyear: 623-333-2700

Harquahala Valley: 623-349-6600

Higley: 480-963-4321

Hyder:

602-252-3186 / 928-683-2245

Laveen: 623-333-2700

Litchfield Park: 623-333-2700

Mesa: 480-833-9200

Morristown:

800-506-0576 / 928-684-7894

New River: 623-979-3911

Paiute: 480-312-2323

Palo Verde: 623-349-6600

Paloma:

602-252-3186 / 928-683-2245

Peoria: 623-979-3911

Phoenix: 602-262-4520

Queen Creek: 480-963-4321

Rainbow Valley: 623-349-6600

Scottsdale: 480-312-2323

Sentinel:

602-252-3186 / 928-683-2245

Sun City: 623-979-3911

Sun City West: 623-979-3911

Sun Lakes: 480-963-4321

Surprise: 623-979-3911

Tempe: 480-350-5880

Tonopah: 623-349-6600

Waddell: 623-979-3911

Wintersburg: 623-349-6600

Wickenburg:
800-506-0576 / 928-684-7894

Wittmann:
800-506-0576 / 928-684-7894

Youngtown: 623-979-3911

Hospice Services

Hospice services provide counseling and overall support to terminally ill persons and their families. Rather than focus on cures or rehabilitation, hospice services stress maintaining the individual's quality of life and personal comfort. Hospice services may include nursing, home health, homemaking, crisis care, bereavement counseling, pastoral services, and social services. Hospice services are available in individuals' homes, and in special units at hospitals and many nursing care facilities.

Funding for hospice care is often covered under Medicare or other health insurance.

For a complete listing of licensed hospice agencies, contact:

Arizona Department of Health Services

150 N. 18th Ave
Phoenix, AZ 85007
602-364-2536
www.azdhs.gov

HOSPICE INFORMATION
OR QUESTIONS, CALL:

National Hospice and Palliative Care Helpline

1-800-658-8898
www.caringinfo.org

Housing

Rental Assistance: There are services that assist older adults and adults with a physical disability in locating affordable and appropriate places to live.

HUD Housing: Independent housing is available to the elderly and adults with a physical disability through programs offered by the U.S. Department of Housing and Urban Development (HUD).

Each HUD program has eligibility criteria that may include income, asset and age qualifications. Under these programs, those who qualify for HUD housing must pay approximately 30 percent of their monthly income for rent. HUD then pays the remainder of the rent.

There are two ways of receiving HUD assistance. An individual can live in a designated HUD apartment, or can receive a HUD voucher that is used to pay rent for any apartment that meets basic HUD requirements.

U.S. Housing Urban Development (HUD)

1 N. Central Ave, Ste 600
Phoenix, AZ 85004
602-379-7100 / TTY: 602-379-7181
www.hud.gov

The Area Agency on Aging and local housing authorities can provide a list of subsidized housing facilities.

Area Agency on Aging, Region One

Senior HELP LINE
1366 E. Thomas Road, Ste 108
Phoenix, AZ 85014
602-264-HELP (4357)
www.aaaphx.org

Local Housing Authorities

Chandler Housing and Redevelopment Division

235 Arizona Ave
Chandler, AZ 85225
480-782-3200
www.chandleraz.gov

Glendale Community Housing Services Department

6842 N. 61st Ave
Glendale, AZ 85301
623-930-2180
www.glendaleaz.com

Mesa Housing Authority

20 E. Main Street, Ste 250
 Mesa, AZ 85201
 480-644-3536
www.cityofmesa.org/housing

Peoria Housing Authority

10950 North 87th Ave
 Peoria, AZ 85345
 623-486-4375
www.peoriaaz.gov

Phoenix Housing Department

830 E. Jefferson Street
 Phoenix, AZ 85034
 602-534-2142
www.phoenix.gov/housing

Scottsdale Housing Agency

7515 E. First Street
 Scottsdale, AZ 85251
 480-312-7647
www.scottsdaleaz.gov/assistance/housing

Tempe Housing and Redevelopment

21 E. 6th Street, Ste 214
 Tempe, AZ 85281
 480-350-8950
www.tempe.gov/housing

MARICOPA COUNTY
 HOUSING ASSISTANCE
 OUTSIDE INCORPORATED
 CITIES OR TOWNS

Maricopa County Housing Authority**Main Office**

8910 N. 78th Ave, Bldg D
 Peoria, AZ 85345
 602-744-4500
www.maricophousing.org

1510 S. 19th Drive
 Phoenix, AZ 85009
 602-744-4553

710 West 8th Av
 Mesa, AZ 85210
 602-744-4562

Avondale, Tolleson, Buckeye

1103 North 6th Street, #106
 Avondale, AZ 85323
 602-744-4573

Surprise, El Mirage, Peoria

12976 Cottonwood
 Surprise, AZ 85374
 602-744-4582

**ADDITIONAL HOUSING
ASSISTANCE FOR AFFORDABLE
HOUSING & LOAN COUNSELING**

**Administration of
Resources & Choices**

1366 E. Thomas Road
Phoenix, AZ 85014
602-947-4700

Chicanos por la Causa

1112 E. Buckeye Road
Phoenix, AZ 85034
602-257-0700
www.cplc.org

**Community Housing
Resources of AZ**

4020 N. 20th Street, Ste 220
Phoenix, AZ 85016
602-631-9780
communityhousingresources.org

**Labor's Community
Service Agency**

3117 N. 16th Street, Ste 100
Phoenix, AZ 85016
602-263-5741
www.lcsaphx.org

**PACE Senior Housing
Assistance Program**

A FREE Community Service
480-246-3515
www.seniorhousing.org

**Phoenix Revitalization
Corporation**

1310 W. Hadley, Building B
Phoenix, AZ 85007
602-253-6895
www.phxrevitalization.org

Homeowner's Hope Hotline

1-888-995-HOPE (4673)
www.995hope.org
(National foreclosure hotline)

**Arizona Mortgage
Foreclosure Hotline**

1-877-448-1211
www.cir.org/programs-mfh.html

Counseling & Utility Assistance

Aid is available to help with rent or other housing payments, utility bill payments and home weatherization. Programs vary depending on need, income eligibility and location. For many of these programs, the demand for benefits is greater than the availability, so services may be provided on a first-come, first-serve basis.

**City of Phoenix, PACE
Program**

4732 S. Central Ave
Phoenix, AZ 85040
602-262-6631
www.phoenix.gov

Society of St. Vincent de Paul

420 W. Watkins Ave
 Phoenix, AZ 85003
 602-266-4673
www.stvincentdepaul.net

Salvation Army Social Services

2702 E. Washington
 Phoenix, AZ 85034
 602-267-4122
www.phoenixsalvationarmy.com

Community Action Programs (CAP) provides assistance for low-income residents. Assistance is offered for utilities, food, rent, and shelter. See listing under Financial Assistance.

Reverse Mortgage Programs:

It's not unusual for elderly or persons with a disability to accumulate overwhelming financial burdens as a result of medical or unanticipated expenses. Yet, many of these same individuals own homes and have equity, which can serve as a financial resource. The organizations listed here offer home equity financing programs or education and counseling programs designed to help individuals make decisions regarding their finances and the equity value of their home.

Administration of Resources & Choices

1232 E Broadway Rd, Ste 110
 Tempe, AZ 85282
 480-947-4700
<http://arc-az.org>

Resources for Homeless:

Assistance is available for homeless seniors to locate shelter as well as referrals to food and housing resources, medical assistance and other agencies providing services to the poor and homeless in the community.

Contacts Shelter Hotline

602-263-8900
 1-800-799-7739
<http://cirs.org/contacts/>

City of Phoenix Community Services

Phoenix City Hall, Human Services
 200 W. Washington Street, 18th Floor
 Phoenix, AZ 85003
 602-262-6666
www.phoenix.gov

Chaplaincy for the Homeless

1125 W. Jackson St.
 Phoenix AZ 85007
 602-417-9853
www.azhomeless.org

Mosaic® Elder Refugee Program



Assisting Older Refugees in Maricopa County

The Mosaic® Elder Refugee Program provides a variety of services to assist older refugees located within Maricopa County. Mosaic® case managers, who are refugees themselves, assist elder refugees with obtaining basic needs and services, including educational, recreational, cultural, health, and social services. English as a Second Language (ESL) and Citizenship classes also offered.

The Mosaic® Center is a social and educational center for elder refugees located at 3118 N. 7th Ave., Phoenix, AZ 85013.

Call **602-253-9073**.

See page 26 for more information.

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Legal Services

Legal assistance is available to persons who have limited resources, yet need to learn about the legal ramifications of a particular situation, need legal representation or need protection of their civil rights.

Attorneys and paralegals can assist with the legal aspects of housing problems, government benefits, consumer issues, wills, estate planning, and other issues requiring legal advice or representation.

Area Agency on Aging, Region One

1366 E. Thomas Road, Ste 108
Phoenix, AZ 85014
602-264-HELP (4357)
www.aaaphx.org

Arizona Center for Disability Law

5025 E. Washington, Ste 202
Phoenix, AZ 85034
602-274-6287 / 1-800-927-2260
www.acdl.com

Arizona Attorney General

Consumer Complaints Unit

1275 W. Washington Street
Phoenix, AZ 85007
602-542-5763
www.azag.gov

Task Force Against Senior Abuse

1275 W. Washington Street
Phoenix, AZ 85007
602-542-2124
www.azag.gov

Arizona Senior Citizens Law Project

1818 S. 16th Street, Ste 304
Phoenix, AZ 85034
602-252-6710

Community Legal Services

305 S. 2nd Ave.
Phoenix, AZ 85003
602-258-3434 / 1-800-852-9075
www.clsaz.org
(Also provides legal services for clients with HIV)

Arizona Bar Association

4201 N. 24th Street, Ste 200
Phoenix, AZ 85016
602-252-4804
www.azbar.org

Community Legal Services Mesa/Eastside

20 W. 1st Street, Ste 101
Mesa, AZ 85201
480-833-1442
www.clsaz.org

Lawyer Referral Service

303 E. Palm Lane
Phoenix, AZ 85004
602-257-4434
www.maricopabar.org

**Maricopa County Public
Fiduciary**

602-506-5801
Also helps with burial assistance

Advanced Directives, Living Wills, Powers of Attorney

Individuals have the power to make in advance legally enforceable decisions about their health care in the event they become seriously ill or injured and are unable to speak for themselves. They may also want to identify others who are authorized to act on their behalf under such circumstances. Such decisions should be recorded in advance directives, living wills, durable powers of attorney, or similar documents. It is best to obtain accurate information and legal advice to determine what method is right for you.

**Maricopa County Superior
Court Self-Service Center**

101 W. Jefferson Street
Phoenix, AZ 85003
602-506-7353, Ext. 3
www.superiorcourt.maricopa.gov/
superiorcourt/self-servicecenter
(Forms available from Web site)

18380 N. 40th Street, Ste 21
Phoenix, AZ 85032
602-372-7601

14264 W. Tierra Buena Lane
Surprise, AZ 85374
602-372-9400

222 E. Javelina Ave, #1350
Mesa, AZ 85210
602-506-2020

AARP Legal Services Network

601 E. Street N.W.
Washington, D.C. 20049
1-888-687-2277 / 1-866-330-0753
www.aarp.org

Attorney General

1275 W. Washington Street
Phoenix, AZ 85007
602-542-5025
www.azag.gov
(Forms available from Web site under heading "Seniors")

Long-Term Care

Long-term care is a generic phrase used to describe the services needed to help an individual live with illness, disability or functional limitation that requires care over an extended period of time.

Long-term care is frequently paid for by the individual, although other sources of funding may be available for people needing assistance:

- The Area Agency on Aging's Senior Adult Independent Living (SAIL) program pays for some home and community-based care.
- The Arizona Long-Term Care System (ALTCs) pays for some long-term care if the individual meets financial and functional criteria.
- Private long-term care insurance may pay some costs.

There are three basic types of long-term care characterized by the setting in which the care takes place: home and community-based care, residential care and nursing care facilities.

Home and Community-Based Care services cover a wide range of services for individuals who live in their own homes, but need some assistance. Home and community-based services may include home health care, home delivered meals, personal care, housekeeping, and adult day health care.

It is important to understand the difference between various types of services in order to obtain the appropriate level of care for a particular situation.

Adult Day Health Care: Provides services to frail elderly and adults with physical disabilities in a congregate setting during daytime hours. Services include health observation, activities to maintain daily living skills, meals and snacks, recreational activities, and socialization. For more information, see the Adult Day Health Care section of this directory.

Home Delivered Meals: Provide nutritious, noon-time meals, delivered by volunteers, 5 days a week to individuals who are homebound due to disability or medical reasons. For more information, see the Meals – Home Delivered section of this directory.

Home Health Aid: Provides intermittent health maintenance, continued treatments or monitoring of a health condition, and supportive care for activities of daily living.

Home Nursing: Provides intermittent skilled nursing services that include supervision and monitoring of ongoing treatment, health maintenance and health education.

Paying for Home and Community-Based Services: Paying for home and community-based services can be complex. Many home and community-based agencies are certified to receive Medicare payment for services rendered. In order for Medicare to pay for these services, a physician must order the service, and the care must be medically necessary. It is usually wise to get any such services pre-approved to ensure Medicare will cover the cost.

In addition, many private insurance policies cover home and community-based services as does the Arizona Long-Term Care System (ALTCS), and the Senior Adult Independent Living Program (SAIL), which is funded by the Area Agency on Aging, Region One.

The first step is to call the Area Agency on Aging for information regarding services or scheduling an in-home assessment by a SAIL case manager.

Area Agency on Aging

SeniorHELP LINE
1366 E. Thomas Road, Ste 108
Phoenix, AZ 85014
602-264-HELP (4357)
www.aaaphx.org

Arizona Long-Term Care System (ALTCS)

Long-term care section of Arizona Health Care Cost Containment System (AHCCCS).
801 E. Jefferson
Phoenix, AZ 85034
602-417-6600
www.azahcccs.gov
www.state.az.us

Residential Care is a term used when an individual lives in a group setting and requires a moderate level of care. Examples of this type of setting include adult care homes, adult foster homes, supervisory care homes, and assisted living.

The Area Agency on Aging and the Arizona Department of Health Services can be of help in obtaining information about residential care. Many residential care facilities are licensed, but because of the diverse nature of residential care, some are not required to be licensed.

**Area Agency on Aging,
Region One**

SeniorHELP LINE
1366 E. Thomas Road, Ste 108
Phoenix, AZ 85014
602-264-HELP (4357)
www.aaaphx.org

**Arizona Department of
Health Services**

Office of Assisted Living
150 N. 18th Ave
Phoenix, AZ 85007
602-364-2639
www.azdhs.gov

Nursing Care Facilities: Licensed nursing care facilities provide extensive medical care and supervision of residents at the custodial, intermediate or skilled level.

The Arizona Department of Health Services (ADHS) is the licensing agency for nursing homes in the state. In addition, each nursing home's inspection record is available for public review at ADHS.

**Arizona Department of
Health Services**

Long-Term Care Office
150 N. 18th Ave
Phoenix, AZ 85007
602-364-2690
www.azdhs.gov

**National Association for
Home Care and Hospice
Facility Locator**

602-547-7424
<http://nahcagencylocator.com>

Meals – Home Delivered

The senior centers located throughout Maricopa County distribute home delivered meals to individuals who are homebound and have no other source of meals. Case managers from the Senior Adult Independent Living (SAIL) program provide individual assessments to determine if they are eligible for the program.

Although publicly funded and available without charge, individuals are encouraged to donate to the program if they are financially able to do so.

Area Agency on Aging, Region One

*Senior*HELP LINE

1366 E. Thomas Road, Ste 108

Phoenix, AZ 85014

602-264-HELP (4357)

www.aaaphx.org

Private Pay Meals: The following organizations offer home delivered meals to individuals who have the resources to pay the full cost of the meal.

Avondale Senior Center

1007 S. 3rd Street

Avondale, AZ 85323

623-333-2421

(Avondale, Goodyear,

Litchfield Park, Cashion)

Banner Olive Branch Senior Center

11250 N. 107th Ave

Sun City, AZ 85351

623-974-6797

Benevilla

Private Pay HDM Site

16752 N. Greasewood St

Surprise, AZ 85374

623-584-4999

*(Surprise, Sun City Grand, Sun City West,
El Mirage, Youngtown, Peoria)*

Buckeye Senior Center

201 E. Centre Ave

Buckeye, AZ 85326

623-349-6600

Chandler Home Delivered Meals

**Need to request through Gilbert*

Senior Center

480-503-6060

**Esther Angulo
Community Center**

9555 W. Van Buren Street
Tolleson, AZ 85353
623-936-1407

Foothills Caring Corps

7275 E. Easy Street, Ste B103
Carefree, AZ 85377
480-488-1105
www.foothillscaringcorps.com

**Fountain Hills
Home Delivered Meals**

13001 N. La Montana Drive
Fountain Hills, AZ 85268
480-816-5226

My Place Gilbert Senior Center

130 N. Oak Street
Gilbert, AZ 85233
480-503-6060

Mesa Active Adult Center

247 N. MacDonald
Mesa, AZ 85201
480-962-5612
www.evadultresources.org

**Red Mountain Active
Adult Center**

7550 E. Adobe Road
Mesa, AZ 85207
480-218-2221
www.evseniorservices.org

Neighbors Who Care

10450 E. Riggs Road, Ste 113
Sun Lakes, AZ 85248
480-895-7133
www.neighborswhocare.com
(Sun Lakes and South Chandler only)

**North Scottsdale/Paradise
Valley Home Delivered Meals**

Area Agency on Aging, Region One
1366 E. Thomas Road, Ste 108
Phoenix, AZ 85014
602-264-HELP (4357)
www.aaaphx.org
(Scottsdale city limits, north of McDonald)

Peoria Senior Center

8335 W. Jefferson
Peoria, AZ 85380
623-979-3570

**Sun City West
Home Delivered Meals**

Grandview Terrace
14505 N. Granite Valley Road
Sun City West, AZ 85375
623-455-7680

**Sun City/Youngtown
Home Delivered Meals**

PO Box 1842
Sun City, AZ 85372
623-974-9430

North Tempe Senior Center

Meals on the Move

1555 N. Bridleweath

Tempe, AZ 85281

480-858-6510

www.tempeaction.org

Kickstart, Inc.

9299 W. Olive Road, Ste 113

Peoria, AZ 85345

623-977-9050

(Surprise, Sun City West, Wadell)

Tempe Home Delivered Meals

Friendship Village

2525 E. Southern Ave

Tempe, AZ 85282

480-756-5835

(Tempe only)

**Valley West YWCA
Senior Center**

8561 N. 61st Ave

Glendale, AZ 85302

623-931-7436

*(Glendale and limited Phoenix
delivery area)*

Chicanos por la Causa

Casa de Primavera Senior Center

1617 N. 45th Ave

Phoenix, AZ 85035

602-272-0054

New River Senior Center

48606 N. 17th Ave

New River, AZ 85087

623-465-0367

Wise Owl Senior Center

255 N. Washington

Wickenburg, AZ 85390

928-684-7894

Ombudsman Program



Support for Resolving Long-term Care Issues

Ombudsman staff and volunteers work with long-term care facility residents, residents' families and friends, facility staff, community groups, and other local agencies to resolve issues that affect the quality of life of residents in nursing homes and assisted living facilities. Ombudsman can be the first line of defense for an elder abuse victim living in an assisted living facility, supervisory care home or nursing facility. They act as advocates on behalf of older adults, ensuring that their rights to fairness, freedom, self-determination, and privacy are protected.

Call **602-264-4357** or toll-free at **888-264-2258**.

See page 67 for more information.

Ombudsman

The long-term care Ombudsman Program is designed to ensure that people who live in nursing homes and assisted-living facilities receive quality care. An Ombudsman is a specially trained and certified advocate who works to improve the quality of life and the quality of care of residents living in long-term care facilities. They visit facilities and offer a safe and confidential way for residents to voice their concerns and complaints. Ombudsmen also work closely with the Adult Protective Service Program to help resolve issues of inappropriate care and alleged abuse.

Area Agency on Aging, Region One

Ombudsman Program

1366 E. Thomas Road, Ste 108

Phoenix, AZ 85014

602-264-HELP (4357)

www.aaaphx.org

Pet Care & Companion Animals

The special friendship and camaraderie a pet offers can significantly enhance an individual's quality of life. The following organizations can help individuals obtain animals who will make excellent companions.

Animals Benefit Club Sanctuary

3111 E. St. John Road
Phoenix, AZ 85032
602-867-2169
www.animalsbenefitclub.com

Animal Defense League of Arizona

PO Box 33093
Phoenix, AZ 85067
602-273-7842
602-265-SPAY
www.adlaz.org
(Spay/neuter hotline)

Arizona Animal Welfare League

25 N. 40th Street
Phoenix, AZ 85034
602-273-6852
www.aawl.org

Arizona Humane Society

9226 N. 13th Ave
Phoenix, AZ 85021
602-997-7585

1521 W. Dobbins Road
Phoenix, AZ 85041
602-997-7586
www.azhumane.org

Arizona Veterinary Medical Association

100 W. Coolidge Street
Phoenix, AZ 85013
602-242-7936
www.azvma.org

Companion Animals of Arizona

211 W. Monroe Street
Phoenix, AZ 85003
602-258-3306
www.caaainc.org
(Pet grief support group)

Happy Tails Service Dogs

1 W. Sequoia Drive
Phoenix, AZ 85027
623-580-0946
www.happytailsservicedogs.com

Pets on Wheels

1700 N. Granite Reef Road
Scottsdale, AZ 85257
602-735-6886
www.petsonwheelsscottsdale.com
*(Pet visitation program in
Scottsdale only)*

Maricopa County Animal Care and Control

West Valley

2500 S. 27th Ave
Phoenix, AZ 85009
602-506-7387 or
www.maricopa.gov/pets

East Valley

2630 W. 8th Street
Mesa, AZ 85201
602-506-7387
www.maricopa.gov/pets

Rehabilitation Programs

Rehabilitation programs are available for individuals living with physical challenges. For additional programs, see section “Visually Impaired Services” and “Hearing Impaired Services.”

Arizona Bridge to Independent Living (ABIL)

5025 E. Washington, Ste 200
Phoenix, AZ 85034
602-256-2245
1-800-280-2245
www.abil.org

Perry Center

3146 E. Windsor Ave
Phoenix, AZ 85008
602-956-0400
www.azafh.com
(Physically or intellectually challenged)

Arizona Chapter Paralyzed Veterans

8126 N. 23rd Ave
Phoenix, AZ 85021
602-244-9168
www.azpva.org

DES – Rehabilitation Services

Administration

3221 N. 16th St, Ste 200
Phoenix, AZ 85016
602-340-7771
1-800-563-1221
www.azdes.gov/rsa

Gompers Habilitation Center

6601 N. 27th Ave
Phoenix, AZ 85017
602-336-0061
www.gomperscenter.org

Respite Care

The term “respite” refers to short-term care designed to relieve unpaid caregivers from the continuous responsibility of caring for an older adult or person with a disability. Respite care can be for as little as a few hours a week or as long as several weeks. It helps caregivers maintain some normality in their own lives and reduces the stress that comes with caring for someone on an around-the-clock basis.

In addition to programs that specialize in respite care, Adult Day Health Care programs also offer respite care. Some long-term care facilities and home health agencies offer short-term respite care.

Area Agency on Aging, Region One

Family Caregiver Program

1366 E. Thomas Road, Ste 108
Phoenix, AZ 85014
602-264-HELP (4357)
www.aaaphx.org

DES, Division of Aging & Adult Services

1789 W. Jefferson Street, Ste 950A
Phoenix, AZ 85007
Caregiver Resource Line:
888-737-7494
www.azdes.gov/DAAS/

Duet

555 W. Glendale Ave
Phoenix, AZ 85021
602-285-0543
www.duetaz.org

R & R Respite

246 N. Washington Street
Wickenburg, AZ 85390
928-684-3480
www.wickenburgrespite.com

East Valley Senior Services Assistance for Independent Living

247 N. MacDonald
Mesa, AZ 85201
480-966-9704
www.evadultresources.org

SAIL (Senior Adult Independent Living)



The Support You Need to Maintain Your Independence in Your Own Home

Senior Adult Independent Living (SAIL) is the umbrella program through which the Area Agency on Aging provides intake and case managed services to older adults and adults with disabilities. The purpose of the program is to help individuals remain living in their own home for as long as possible. Services provide case management, adult day health care, home delivered meals, home health aid, home nursing, and home repair.

Call **602-264-4357** or toll-free at **888-264-2258**.

See page 79 for more information.

Self-Help & Support Groups

There are many times when an individual needs help in coping with a life experience. Self-help and support groups can provide assistance in such situations.

These groups bring together individuals who share similar problems, and offer guidance, insight and education to help them cope with specific illnesses, bereavement and many other challenges.

ABUSE

Center for Prevention of Abuse & Violence (CASA)

2200 N. Central Ave, Ste 201

Phoenix, AZ 85004

602-254-6400

www.casacares.org

(Only prevention classes)

ARTHRITIS

Arthritis Foundation

Greater Southwest Chapter

1313 E. Osborn Road, Ste 200

Phoenix, AZ 85014

602-264-7679

www.arthritis.org/arizona

(Only tai-chi aquatic and exercise courses)

AGING RELATIVES

Duet

555 W. Glendale Ave

Phoenix, AZ 85021

602-274-5022

www.duetaz.org

BEREAVEMENT/GRIEF

Benevilla

16752 N. Greasewood Street

Surprise, AZ 85374

623-584-4999

www.benevilla.org

ALZHEIMER'S DISEASE & RELATED DISEASES

Alzheimer's Association

1028 E. McDowell Road

Phoenix, AZ 85006-2622

Administration: 602-528-0545

Helpline: 1-800-272-3900

En Español: 1-800-392-0022

www.alzds.org

The Compassionate Friends, Inc.

PO Box 50523

Phoenix, AZ 85076

480-821-1063

1-800-969-0010

www.tcfphoenix.org

(Parents with children who have died)

Franciscan Renewal Center

5802 E. Lincoln Drive
Scottsdale, AZ 85253
480-948-7460
1-800-356-3247
www.thecasa.org

Community Chord of Joy

21000 N. 75th Ave
Glendale, AZ 85308
623-561-0500, Ext. 246
24-Hour Prayer Line:
623-362-3224
www.joyonline.org

**Hospice of the Valley
Bereavement Counseling**

1510 E. Flower Street
Phoenix, AZ 85014
602-530-6900

**Phoenix Interfaith
Counseling**

555 W. Glendale
Phoenix, AZ 85021
602-532-0777
www.phx-interfaith.org

Victory in Times Alone (VITA)

1700 N. Granite Reef
Scottsdale, AZ 85257
480-312-2375

BRAIN INJURY

Brain Injury Assoc. of Arizona

5025 E. Washington Street, Ste 108
Phoenix, AZ 85034
Infoline: 602-323-9165
Toll-Free: 1-888-500-9165
Administration: 602-508-8024
www.biaaz.org

BURNS

Arizona Burn Foundation

333 E. Virginia Ave, Ste 204
Phoenix, AZ 85004
602-230-2041
www.azburn.com

CANCER

American Cancer Society

4550 E. Bell Road, Ste 126
Phoenix, AZ 85032
602-224-0524
1-800-227-2345
www.cancer.org

**Banner Health
Cancer Program**

602-230-2273
www.bannerhealth.com
*(Offers many support groups, call for
more information)*

Leukemia and Lymphoma Society

Desert Mountain States Chapter
3877 N. 7th Street, Ste 300
Phoenix, AZ 85014
602-788-8622
www.lls.org

Wellness Community of Central Arizona

360 E. Palm Lane
Phoenix, AZ 85004
602-712-1006
www.twccaz.org

CAREGIVERS

Area Agency on Aging, Region One

1366 E. Thomas Road, Ste 108
Phoenix, AZ 85014
602-264-HELP (4357)
www.aaaphx.org
(Groups held countrywide)

Benevilla

16752 N. Greasewood Street
Surprise, AZ 85374
623-584-4999
www.benevilla.org

Caregiver Resource Line

1-888-737-7494
CRL@azcaregiver.net
www.azcaregiver.org

DES, Division of Aging & Adult Services

1789 W. Jefferson Street, Ste 950A
Phoenix, AZ 85007
Caregiver Resource Line:
888-737-7494

Duet

555 W. Glendale Ave
Phoenix, AZ 85021
602-274-5022
www.duetaz.org
(Groups held countrywide)

Neighbors Who Care

10450 E. Riggs Road, Ste 113
Sun Lakes, AZ 85248
480-895-7133
www.neighborswhocare.com

DIABETES

American Diabetes Assoc.

5333 N. 7th Street, Ste B-212
Phoenix, AZ 85014
602-861-4731
888-DIABETES (1-800-342-2383)
www.diabetes.org

DOMESTIC VIOLENCE

Area Agency on Aging, Region One

Late Life Domestic Violence Support
1366 E. Thomas Road, Ste 108
Phoenix, AZ 85014
602-264-HELP (4357)
www.aaaphx.org

HANDICAPPED

Arizona Bridge to Independent Living

5025 E. Washington Street, Ste 200
Phoenix, AZ 85034
602-256-2245
www.abil.org

Arizona Paralyzed Veterans of America

8126 N. 23rd Ave, Ste J
Phoenix, AZ 85021
602-244-9168
www.azpva.org

HEART

American Heart Association

2929 S. 48th Street
Tempe, AZ 85282
602-414-5353
National: 1-800-242-8721
www.americanheart.org

HIV / AIDS

Area Agency on Aging, Region One

Care Directions[®]
1366 E. Thomas Road, Ste 200
Phoenix, AZ 85014
602-264-2273
www.caredirections.org

HOARDING

Arizona Hoarding Task Force

<http://azhoarding.com>

Clutterers Anonymous Group

602-203-7967

International OCD Foundation

18 Tremont Street, Suite 903
Boston, MA 02108
(617) 973-5801
E-mail: info@ocfoundation.org
www.ocfoundation.org/hoarding/

KIDNEY

Arizona Kidney Foundation

4203 E. Indian School Road, Ste 140
Phoenix, AZ 85018
602-840-1644
www.azkidney.org

MASTECTOMY

American Cancer Society

Reach to Recovery
4550 E. Bell Road, Ste 126
Phoenix, AZ 85032
602-224-0524
www.cancer.org

MENTAL ILLNESS

**National Alliance of
Mental Illness**

5025 E. Washington Street, Ste 112
Phoenix, AZ 85034
602-244-8166
www.namiaz.org

**Mental Health America
of Arizona**

6411 E. Thomas Road
Scottsdale, AZ 85251
480-994-4407
www.mhaarizona.org

NEUROLOGICAL

**Huntington Disease Society
of America**

PO Box 8128
Phoenix, AZ 85011
602-222-9312
1-888-345-4372
www.hdsa.org

PARKINSON'S DISEASE

**Muhammad Ali Parkinson
Research Center**

240 W. Thomas Road, Ste 301
Phoenix, AZ 85013
602-406-3000
1-800-227-7691
www.maprc.com

SICKLE CELL ANEMIA

**Sickle Cell Anemia Society of
Arizona**

1818 S. 16th Street
Phoenix, AZ 85034
602-254-5048
1-800-872-4871
www.sicklecelldisease.org

STROKE

National Stroke Association

9707 E. Easter Lane
Centennial, CO 80112
1-800-STROKES (787-6537)
www.stroke.org
(Call for groups in Maricopa County)

Epilepsy Foundation

240 W. Thomas Rd
Phoenix, AZ 85013
602-406-3518
888-768-2690
www.epilepsyaz.org

SUBSTANCE ABUSE

Adult Children of Alcoholics

2515 E. Thomas Road, Ste 16-826

Phoenix, AZ 85016

602-241-6760

www.adultchildren.org

(There are several groups meeting in the Phoenix area; call for details)

Agua Fria Intergroup of Alcoholics Anonymous

9164 N. 43rd Ave, Ste 15

Glendale, AZ 85302

623-937-7770

www.aaphoenix.org

Al-Anon

www.al-anon-az.org

6829 N. 21st Ave

Phoenix, AZ 85015

602-249-1257

1320 E. Broadway, Ste 109

Mesa, AZ 85204

480-969-6144

2340 Grand Ave, Ste 3

Phoenix, AZ 85009

602-275-4343

(Spanish speaking)

Alcoholics Anonymous

East Valley

1320 E. Broadway, Ste 105

Mesa, AZ 85204

480-834-9033

24-Hour AA Hotline: 480-827-1905

www.aaphoenix.org

Narcotics Anonymous

PO Box 5264

Mesa, AZ 85211

480-897-4636

www.arizona-na.org

National Council on Alcoholism and Drug Dependence

4201 N. 16th Street, Ste 140

Phoenix, AZ 85016

602-264-6214

24-Hour Infoline: 1-800-622-2255

www.ncadd-phx.org

Salt River Intergroup

3215 E. Thunderbird Road, Ste 8

Phoenix, AZ 85032

602-264-1341

600-264-1374

www.aaphoenix.org

Senior Adult Independent Living (SAIL) Program

Established by the Area Agency on Aging, Region One, in 1980, the Senior Adult Independent Living Program (SAIL) is a coordinated approach to the delivery of in-home and community-based services for the elderly and persons with disabilities. The program is designed to assist individuals in increasing or maintaining their level of functioning while continuing to live as independently as possible. Services include case management, home delivered meals, home health aide, personal care, housekeeping, and adult day health care.

The Area Agency on Aging, Region One, contracts with a variety of social service agencies to provide SAIL services and coordinates their work. Each of the contracted service providers has an important and distinct role in the SAIL program.

Area Agency on Aging, Region One

Senior HELP LINE

1366 E. Thomas Road, Ste 108

Phoenix, AZ 85014

602-264-HELP (4357)

www.aaaphx.org

Senior Centers

Senior centers offer recreational and socialization activities, information and referral services, educational programs, health promotion programs and screenings, weekday lunchtime meals, and a variety of other programs and services designed to help older persons remain active and involved in their local communities.

For assistance locating the senior center nearest you, call:

Area Agency on Aging, Region One

*Senior*HELP LINE

1366 E. Thomas Road, Ste 108

Phoenix, AZ 85014

602-264-HELP (4357)

Fax: 602-230-9132

www.aaaphx.org

Helen Drake Senior Center

7600 N. 27th Ave

Phoenix, AZ 85051

602-262-4949

Fax: 602-534-3995

**NORTHEAST
PHOENIX**

**NORTHWEST
PHOENIX**

Deer Valley Community Center

2001 W. Wahalla Lane

Phoenix, AZ 85027

602-495-3714

Fax: 602-534-4225

Paradise Valley Community Center

17402 N. 40th Street

Phoenix AZ 85032

602-495-3785

Fax: 602-495-2465

Shadow Mountain Senior Center

3546 E. Sweetwater Ave

Phoenix, AZ 85032

602-534-2303

Fax: 602-534-4948

www.phoenix.gov

Goelet A. C. Beuf Community Center

3435 W. Pinnacle Peak Road

Phoenix, AZ 85027

602-534-4754

Fax: 602-732-2663

NORTH CENTRAL PHOENIX

Chinese Senior Center

734 W. Elm Street
Phoenix, AZ 85013
602-262-6411
Fax: 602-534-4251
www.phoenix.gov

JFCS Center for Senior Enrichment

6250 N. 19th Ave
Phoenix, AZ 85015
602-943-2198
Fax: 602-943-2241
www.jfcsaz.org

Santa Rosa Senior Center

1901 W. Ocotillo
Phoenix, AZ 85015
602-242-2258
www.phoenix.gov

Sunnyslope Senior Center

802 E. Vogel
Phoenix, AZ 85020
602-262-7572
Fax: 602-331-8087
www.phoenix.gov

SOUTHEAST PHOENIX

Pecos Senior Center

17010 S. 48th Street
Phoenix, AZ 85048
602-534-5366
Fax: 602-534-6323
www.phoenix.gov

CENTRAL PHOENIX

Devonshire Senior Center

2802 E. Devonshire
Phoenix, AZ 85016
602-262-7807
Fax: 602-534-9923
www.phoenix.gov

McDowell Place

1845 E. McDowell Road
Phoenix, AZ 85006
602-262-1842
Fax: 602-256-7234
www.phoenix.gov

MOSAIC® Center

3118 N. 7th Ave
Phoenix, AZ 85013
602-253-9073
www.aaaphx.org
(Native Americans and Refugees)

Native American Senior Center

3118 N. 7th Ave
Phoenix, AZ 85013
602-253-9073

**Salvation Army
Laura Danelli Senior Center**

613 N. 4th Ave
Phoenix, AZ 85003
602-251-2006
Fax: 602-251-2008

**SOUTH CENTRAL
PHOENIX**

Marcos de Niza Senior Center

305 W. Pima
Phoenix, AZ 85003
602-262-7249
Fax: 602-252-7740
www.phoenix.gov

**Senior Opportunities
West Senior Center**

1220 S. 7th Ave
Phoenix, AZ 85007
602-262-6610
Fax: 602-254-7225
www.phoenix.gov

**South Mountain
Community Center**

212 E. Alta Vista
Phoenix, AZ 85040
602-262-4093
Fax: 602-534-4226
www.phoenix.gov

WEST PHOENIX

Adam Diaz Senior Center

4115 W. Thomas Road
Phoenix, AZ 85019
602-262-1609
Fax: 602-534-4940
www.phoenix.gov

Chicanos por la Causa

Casa Primavera Senior Center
1617 N. 45th Ave
Phoenix, AZ 85035
602-272-0054
Fax: 602-269-0560
www.cplc.org

Desert West Community Center

6501 W. Virginia Ave
Phoenix, AZ 85035
602-495-3709
Fax: 602-534-4566
www.phoenix.gov

**OUTSIDE THE CITY OF
PHOENIX**

Avondale Senior Center

1007 S. 3rd Street
Avondale, AZ 85323
623-333-2421
Fax: 623-333-0270
www.avondale.org

Banner Olive Branch Senior Center

11250 N. 107th Ave
Sun City, AZ 85351
623-974-6797
Fax: 623-815-1816
www.bannerhealth.com

Buckeye Senior Center

201 E. Centre Ave
Buckeye, AZ 85326
623-349-6600
Fax: 623-349-6611
www.buckeyeaz.gov

Cahill Senior Center

715 W. Fifth Street
Tempe, AZ 85281
480-858-2420
Fax: 480-858-2415
www.tempe.gov

Chandler Senior Center

202 E. Boston Street
Chandler, AZ 85225
480-782-2720
Fax: 480-782-2725
www.chandleraz.gov

Escalante Senior Center

2150 E. Orange Street
Tempe, AZ 85281
480-350-5870
Fax: 480-350-5875
www.tempe.gov/escalante

Fountain Hills Community Center

13001 N. La Montana Drive
Fountain Hills, AZ 85268
480-816-5226
Fax: 480-816-0280
www.fhseniorservices.org

Gila Bend Senior Center

202 N. Euclid
Gila Bend, AZ 85337
928-683-2244
Fax: 928-683-9901
www.gilabendaz.org

My Place Gilbert Senior Center

130 N. Oak Street
Gilbert, AZ 85233
480-503-6060
Fax: 480-503-6056
www.ci.gilbert.az.us

Glendale Community Center

5401 W. Ocotillo Road
Glendale, AZ 85301
623-930-4700
Fax: 623-930-6958
www.glendaleaz.com

Granite Reef Senior Center

1700 N. Granite Reef
Scottsdale, AZ 85257
480-312-1700
Fax: 480-312-1701
www.scottsdaleaz.gov/seniors

Guadalupe Senior Center

9401 S. Avenida del Yaqui
Guadalupe, AZ 85283
480-505-5393
Fax: 480-505-5397
www.guadalupeaz.org

Japanese Community Center

5401 W. Ocotillo Road
Glendale, AZ 85301
623-930-4700
Fax: 623-930-6958
www.glendaleaz.com

Mesa Active Adult Center

247 N. MacDonald
Mesa, AZ 85201
480-962-5612
Fax: 480-962-5612
www.evadultresources.org

New River Senior Center

48606 N. 17th Ave
New River, AZ 85087
623-465-0367
Fax: 623-465-7624

North Tempe Senior Center

1555 N. Bridlewreath
Tempe, AZ 85281
480-858-6510
Fax: 480-858-6569
www.tempe.gov

Peoria Senior Center

8335 W. Jefferson
Peoria, AZ 85380
623-979-3570
Fax: 623-878-8221
www.peoriaaz.gov

**Red Mountain
Active Adult Center**

7550 E. Adobe Road
Mesa, AZ 85207
480-218-2221
Fax: 480-218-6791
www.evadultresources.org

Surprise Senior Center

15832 N. Hollyhock Street
Surprise, AZ 85374
623-222-1500
Fax: 623-222-1501
www.surpriseaz.com

Tolleson Senior Center

Esther Angulo Community Center
9555 W. Van Buren
Tolleson, AZ 85353
623-936-2756
Fax: 623-936-9793
www.tollesonaz.org

**Valley West
YWCA Senior Center**

8561 N.61st Ave
Glendale, AZ 85302
623-931-7436
Fax: 623-931-9452
www.ywcaaz.org

Via Linda Senior Center

10440 E. Via Linda
Scottsdale, AZ 85258
480-312-5810
Fax: 480-312-5815
www.scottsdaleaz.gov/seniors

Washington Activity Center

2240 W. Citrus Way
Phoenix, AZ 85015
602-262-6971
Fax: 602-732-2389
www.phoenix.gov

Wise Owl Senior Center

255 N. Washington
Wickenburg, AZ 85390
928-684-7894
Fax: 928-684-7897

ADULT CENTERS

Glendale Adult Center

5970 W. Brown Street
Glendale, AZ 85302
623-930-4321
Fax: 623-486-0770
www.glendaleaz.com/adultcenter

Pyle Adult Recreation Center

655 E. Southern Ave
Tempe, AZ 85282
480-350-5211
Fax: 480-350-5294
www.tempe.gov/pyle

**Queen Creek Library
Recreation Annex**

21802 S. Ellsworth Road
Queen Creek, AZ 85142
480-358-3850
www.queencreek.org

Transportation

In addition to the services that transport individuals from one location to another, there are programs to reduce the cost of public transportation, driver training programs and a wide range of services to help the elderly and disabled with their transportation needs.

Transportation for the elderly and disabled is offered in Maricopa County through a network of transportation and social services agencies. With passage of the Americans with Disabilities Act, expanded service options are now available.

Adaptive Driver Education

Several programs exist for individuals with physical challenges who are learning new driving techniques.

Driving to Independence

1414 W. Broadway Road, Ste 218
Tempe, AZ 85282
480-449-3331
www.drivingtoindependence.com

Ability Center

23606 N. 19th Ave, Ste 14
Phoenix, AZ 85085
Office: 623-879-0800
Toll-Free: 1-866-405-6806
Fax: 623-879-0822
www.abilitycenter.com

Adaptive Driving Aids: Many businesses sell adaptive equipment or modify vehicles so persons with disabilities can drive them. As with any major purchase, comparison shopping can help ensure finding the equipment and service best suited to a particular need. Physicians and therapists can often be good sources of information regarding adaptive aids.

Carl Hayden Veterans Administration Medical Center

650 E. Indian School Rd
Phoenix, AZ 85012
602-277-5551
1-800-554-7174
www.phoenix.va.gov
(Program limited to veterans)

Active Mobility

1316 S. Gilbert Road
Mesa, AZ 85204
480-539-2939
www.activemobility.com

AVA Wheelchair Van Rentals

2140 W. Broadway, Ste 101
Mesa, AZ 85202
602-235-0249
1-888-904-0381
www.wheelchairvanrental.com

Handicap Vehicle Specialists

2140 W. Broadway
Mesa, AZ 85202
602-286-0332
www.handicapvehicle.com

Leeden Wheelchair Lift & Repairs

1704 E. Curry, Ste 101
Tempe, AZ 85281
480-966-2372
1-800-554-3761
www.leedenwheelchairliftandport.com

Mobility Center

134 N. Dobson Road
Mesa, AZ 85201
480-890-0878
www.mobilitycenteraz.com

Vantage Mobility International

5058 S. 40th St
Phoenix, AZ 85040
1-877-556-8038
www.vantagemobility.com

Worldwide Mobility Products

480-497-4692
1-800-848-3433
www.worldwide-mobility.com

VAN RENTALS

Wheelchair Getaways

5932 E. Presidio
Scottsdale, AZ 85254
1-888-824-7413
602-494-8257
www.wheelchairgetaways.com

Wheelers Accessible Van Rental

6614 W. Sweetwater
Glendale, AZ 85304
623-776-8830
1-800-456-1371
www.wheelersvanrentals.com

Bus Discounts are available to persons 65 years of age and older and to those with temporary or permanent disabilities. Photo ID cards are issued to individuals who then present them to bus operators as proof they have qualified for the discount.

Eligibility established through proof of age. Disability verified by a doctor or health professional's signature on application or by letter. A nominal fee is charged for the photo ID card.

Valley Metro

4600 E. Washington
Phoenix, AZ 85034
602-253-5000
Application Line:
602716-2100 / TTY: 602-251-2039
www.valleymetro.org

Disability License Plates:

Arizona law requires parking lots to have easily accessible spaces for drivers with disabilities. Vehicles parking in these spaces must have special license plates or placards visible. A physician's signature is required to obtain a special license or placard.

Motor Vehicle Division*Special Plates Unit*

Maildrop 8012

PO Box 2100

Phoenix, AZ 85001

602-255-0072

www.azdot.gov/mvd

Mature Drivers Training: The Arizona chapter of the American Association of Retired Persons (AARP) sponsors a classroom course designed to refresh older drivers' skills and provides updates on traffic laws. The course is open to anyone age 50 and older.

AARP Driver Safety Program

1-888-AARPNOW (227-7669)

www.aarp.org

**PRIVATE PAY HANDICAPPED
TRANSPORTATION SERVICES****AAA Transportation**

4525 E. University

Phoenix, AZ 85034

480-966-8377

Fax: 480-736-9000

www.aaayellowaz.com

**American Handicapped
Transport Services (HTS)**

1401 E. Washington Street

Phoenix, AZ 85034

602-253-0911

Fax: 602-254-5362

CD Transport

4933 E. Halifax

Mesa, AZ 85205

602-989-5115

Fax: 480-325-0608

**Dependable Medical
Transport Services**

2237 N. 36th Street

Phoenix, AZ 85008

602-235-2255

Fax: 602-275-1914

www.dmtstransport.com

**Quality Transport
Services of AZ**

2323 E. Magnolia Street, Ste 112
Phoenix, AZ 85039
602-371-1000
Fax: 602-371-1007
www.qtsaz.com

Safe Ride Services

1951 W. Camelback Road, Ste 115
Phoenix, AZ 85015
602-627-6700
1-800-797-7433
Fax: 602-627-6751
www.saferideservices.com

All Around Town

Grocery, Meds, Vet Home Welfare Checks
623-476-6693

Yellow Cab Company

4525 E. University
Phoenix, AZ 85034
602-252-5252
Fax: 480-966-0050
www.aaayellowaz.com

COUNTY & VOLUNTEER
TRANSPORTATION
SERVICES

About Care

PO Box 3278
Chandler, AZ 85224
480-802-2331
Fax: 480-895-3562
www.aboutcare.org
(Chandler and Gilbert only)

Benevilla

16752 N. Greasewood Street
Surprise, AZ 85374
623-584-4999
Fax: 623-546-1589
www.benevilla.org
*(Service areas: Peoria, Sun City
Youngtown, Surprise, Sun City West,
El Mirage. Grocer Shop: Avondale,
Goodyear, Litchfield Park)*

**Sustainable Mobility
Alternative**

Discount Cab/Valley Metro Partnership
602-200-2000
(Countywide)

**Assistance to Independent
Living Volunteers**

45 W. University, Ste B
Mesa, AZ 85201
480-966-9704
Fax: 480-898-7306
www.evadultresources.org
*(Service areas: Mesa, Chandler, Gilbert,
Tempe, Apache Junction)*

Duet

555 W. Glendale Ave
Phoenix, AZ 85021
602-274-5022
Fax: 602-274-6793
www.duetaz.org
*(Service areas: Glendale, Fountain
Hills, Phoenix, Peoria, Scottsdale,
Litchfield Park)*

East Valley Dial-A-Ride

480-633-0101
 Fax: 480-633-9900
 TTY: 480-813-8759
 www.valleymetro.org
(Service areas: Chandler, Mesa, Scottsdale, Tempe, Gilbert)

East Valley Ride Choice

3320 N. Greenfield Road
 Mesa, AZ 85215
 480-962-7433 (RIDE)
 www.evadultresources.org
(Service areas: Mesa, Chandler, Gilbert)

Foothills Caring Corps

35550 N. Cave Creek Road
 Carefree, AZ 85377
 480-488-1105
 Fax: 480-488-8117
 www.foothillscaringcorp.com
(Scottsdale N. of Bell Rd, Carefree, Cave Creek, N. Phoenix)

Glendale Dial-A-Ride

6210 W. Myrtle, Ste 5
 Glendale, AZ 85302
 623-930-3500
 Fax: 623-931-6960
 www.valleymetro.org

Neighbors Who Care

10450 East Riggs, Suite 113
 Sun Lakes, AZ 85248
 480-895-7133
 www.neighborswhocare.com
(Sun Lakes and S. Chandler only)

YMCA Outreach Programs for Ahwatukee Seniors (YOPAS)

1030 E. Liberty Lane
 Phoenix, AZ 85048
 602-212-6088

Peoria Dial-A-Ride

8850 N. 79th Ave
 Peoria, AZ 85345
 623-773-7435
 Fax: 623-773-7486
 www.valleymetro.org

Phoenix Dial-A-Ride

1001 S. 4th Street
 Phoenix, AZ 85004
 602-253-4000
 1-800-775-7295
 Fax: 602-252-5650
 TTY: 602-258-9980
 www.valleymetro.org

Phoenix Reserve-A-Ride

156 E. Mohave
 Phoenix, AZ 85007
 Registration: 602-262-4400
 Reservation: 602-262-4501
 Fax: 602-534-4252
 www.phoenix.org
(To and from city of Phoenix senior centers only)

Scottsdale Cab Connection

7447 E. Indian School Road, Ste 205
 Scottsdale, AZ 85251
 480-312-8747
 www.scottsdaleaz.gov
(Scottsdale only)

Senior Cab

1001 S. 4th Street

Phoenix, AZ 85004

602-801-1163

602-801-1164

(Taxi voucher program, Phoenix 65+ only)

NW Valley DIAL-A-RIDE

TRANSIT

16000 N. Civic Center Plaza

Surprise, AZ 85374

623-266-8723

www.valleymetro.org

(Services Surprise, Sun City, Sun City
West, El Mirage and Youngtown)

Wickenburg R&R Respite Care



Support for Family Caregivers in Wickenburg

Wickenburg R&R Respite Care provides respite to family caregivers in the Wickenburg area who have family members with Alzheimer's disease or related dementia, or who have disabilities and are unable to stay at home by themselves during the day.

Call **928-684-3480** or visit www.wickenburgrespite.com.

See page 71 for more information.

Visually Impaired & Blind Services

Seniors and disabled adults who are visually impaired or blind are served by a variety of agencies.

Eye Care America

Seniors EyeCare Program
1-800-222-EYES (3937)
www.eyecareamerica.org

Arizona Center for the Blind and Visually Impaired

3100 E. Roosevelt
Phoenix, AZ 85008
602-273-7411
www.acbvi.org

Arizona Council of the Blind

3124 E. Roosevelt, Ste 4
Phoenix, AZ 85008
602-273-1510
www.acb.org/arizona

Braille and Talking Book Library

1030 N. 32nd Street
Phoenix, AZ 85008
602-255-5578
www.lib.az.us/braille

Lion's Sight and Hearing Foundation

3427 North 32nd Street
Phoenix, AZ 85018
602-954-1723
www.ls-hf.org

Rehabilitation Services

4620 N. 16th Street, Ste A-204
Phoenix, AZ 85016
602-266-9286
www.azdes.gov

Sun Sounds of Arizona

Reading Services
2323 W. 14th Street
Tempe, AZ 85281
480-774-8300
www.sunsounds.org

Midwestern University Eye Institute

19379 N. 59th Ave
Glendale, AZ 85308
623-537-6000

Duet

555 W. Glendale Ave
Phoenix, AZ 85021
602-274-5022
www.duetaz.org
(In home assistance reading mail and helping with paperwork)

Lion's Vision Center Eyeglasses

1016 N 32nd St Ste 2
Phoenix, AZ 85008
602-267-7573

Volunteer Opportunities

Seniors who wish to put their experience and energies to good use can do so by volunteering in a variety of community service projects.

Area Agency on Aging, Region One

1366 E. Thomas Road, Ste 108
Phoenix, AZ 85014
602-264-2255
www.aaaphx.org

AmeriCorps Volunteer Program 602-264-4357

Through Los Ancianos, AmeriCorps members and volunteers are trained and assigned to the Agency or one of its thirteen partner organizations to provide new or enhanced services primarily in clients' homes. Activities may include friendly visits and phone contact, light housekeeping, grocery shopping, meal preparation, and coordination of needed transportation

Benefits Assistance Volunteer

Benefits Assistance Counselor 602-264-2255

Assist Medicare beneficiaries with information, enrollments, plan changes, appeals, and grievances.

Senior Medicare Patrol 602-264-2255

Educate Medicare beneficiaries about how they can protect themselves from scams, identity theft, and Medicare fraud.

DOVES® Client Support Volunteer 602-264-2255

Work one-on-one with residents who are trying to turn their lives around and become self-sufficient.

Home-Delivered Meals Volunteers 602-241-6196

Looking for a way to give back to your community? Deliver meals to home-bound older adults in the Scottsdale/Paradise Valley area.

Maricopa Retired and Senior Volunteer Program (RSVP) 602-264-2255

RSVP is part of the National Service under Senior Corps and a national network of over one half million volunteers who service locally in not-for-profit, governmental or proprietary health care organizations in partnership with RSVP. The purpose is to engage persons 55 years or older in volunteer service to meet critical community needs and to provide a high quality experience that will enrich the lives of volunteers and those with whom they serve.

Ombudsman Volunteer Program
602-241-6132

Serve as advocates for people living in long-term care facilities, helping to ensure that the best possible quality of life and care is attained.

East Valley Retired and Senior Volunteer Program

247 N. MacDonald
 Mesa, AZ 85201
 480-775-1466
 Fax: 480-833-6282
www.evadultresources.org

ADDITIONAL
 VOLUNTEER
 OPPORTUNITIES

About Care

PO Box 3278
 Chandler, AZ 85224
 480-802-2331
 Fax: 480-895-3562
www.aboutcare.org
(Chandler and Gilbert only)

American Red Cross

6135 N. Black Canyon Highway
 Phoenix, AZ 85015-1892
 602-336-6660
 1-800-842-7349
www.arizonaredcross.org

Assistance for Independent Living

45 W. University, Ste B
 Mesa, AZ 85201
 480-966-9704
 Fax: 480-966-6831
www.evadultresources.org

Benevilla

16752 N. Greasewood Street
 Surprise, AZ 85372
 623-584-4999
www.benevilla.org

Duet

555 W. Glendale Ave
 Phoenix, AZ 85021
 602-274-5022
 Fax: 602-274-6793
www.duetaz.org

YMCA Outreach Program for Ahwatukee Seniors (YOPAS)

1030 E. Liberty Lane
 Phoenix, AZ 85048
 602-212-6088

Pan de Vida

PO Box 745
 Queen Creek, AZ 85242
 480-987-0819
www.pandevidaaz.org

**Phoenix Police
Department COPS**

Citizens Offering Police Support

620 West Washington

Phoenix, AZ 85003

602-262-7626

www.phoenix.gov

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Services Outside of Maricopa County

For information regarding services and programs available for older persons and for family caregivers statewide, please refer to the numbers listed below for the Area Agency On Aging in your county or region.

Pima County

Pima Council on Aging
8467 E. Broadway Blvd
Tucson, AZ 85710
520-790-7262
Fax: 520-790-7577
www.pcoa.org

Apache, Navajo, Coconino, Yavapai Counties

*Northern Arizona Council of
Governments (NACOG)*
119 E. Aspen Ave
Flagstaff, AZ 86001
928-774-1895
Fax: 928-773-1135
www.nacog.org

Yuma, Mohave, La Paz Counties

*Western Arizona Council of
Governments (WACOG)*
224 S. Third Ave
Yuma, AZ 85364
928-782-1886
1-800-329-4248
www.wacog.com

208 N. 4th Street
Kingman, AZ 86401
928-753-6247
Fax: 928-753-7038
www.wacog.com

Pinal, Gila Counties

Pinal-Gila Council for Senior Citizens
8969 West McCartney Road
Casa Grande, AZ 85194
520-836-2758
1-800-293-9393
Fax: 520-421-2033
www.pgsc.org

Graham, Greenlee, Cochise, Santa Cruz Counties

*South Eastern Arizona Governments
Organization (SEAGO)*
300 Collins Road
Bisbee, AZ 85603
520-432-2528
Fax: 520-421-2646
www.seago.org

Navajo Nation

Navajo Aging Service Department
PO Box 1390
Window Rock, AZ 86515
928-729-4590
www.naaa.navajo.org

Inter-Tribal Council – 19 Tribes

Inter-Tribal Council of Arizona, Inc.
2214 N. Central Ave, Ste 100
Phoenix, AZ 85004
602-258-4822
Fax: 602-258-4825
www.itcaonline.com

DEAR FRIENDS,

We appreciate you taking the opportunity to pick up a copy of this resource guide. It's our hope that it assists you in finding the programs and services you and your loved ones need. This guide is provided compliments of the Area Agency on Aging, Region One a non-profit organization dedicated to serving the needs of older adults and adults with disabilities in our community.

If you would like to receive information on any of our programs, please call the *Senior* HELP LINE at 602-264-4357, visit us at www.aaaphx.org or complete the lower portion of this page and mail to:



AREA AGENCY ON AGING
REGION ONE, INCORPORATED

**1366 E. Thomas Road, Ste 108
Phoenix, AZ 85014**

If this guide has been helpful, we ask that you consider making a tax deductible donation in support of the Area Agency on Aging and its vital programs. Please complete the information below and mail this page with your donation to the address shown above.

Gift Amount \$ _____

Enclosed is my check payable to Area Agency on Aging, Region One

Please charge my donation to: VISA MasterCard

Name(s): _____

Credit Card #: _____ Exp: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone _____ E-mail: _____

Signature: _____

Please send me information on the following programs: _____

Thank you! Your generosity is greatly appreciated!

Caring for your needs

Under the Americans with Disabilities Act, the Area Agency on Aging, Region One, must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity. For example, this means if necessary, the Area Agency on Aging must provide sign language interpreters for people who are deaf, a wheelchair accessible location or enlarged print materials. It also means that the Area Agency on Aging will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible.



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www.aaaphx.org



There's a Time in Every Life for Our Help

The Area Agency on Aging, Region One is the leading nonprofit agency supporting Maricopa County residents across their lifespan. Hundreds of dedicated professionals and volunteers throughout the community work with us to deliver home and community-based services, support family caregivers, protect elders, provide medical case management to people living with HIV, and we are the connection to a variety of information and assistance to aging and disability resources.

If you or someone you know is in need of our assistance, call our free, 24-hour **Senior HELP LINE** at **602-264-HELP (4357)** or visit **www.aaaphx.org**...and get the help you need today.

Arizona's most trusted resource for four decades